

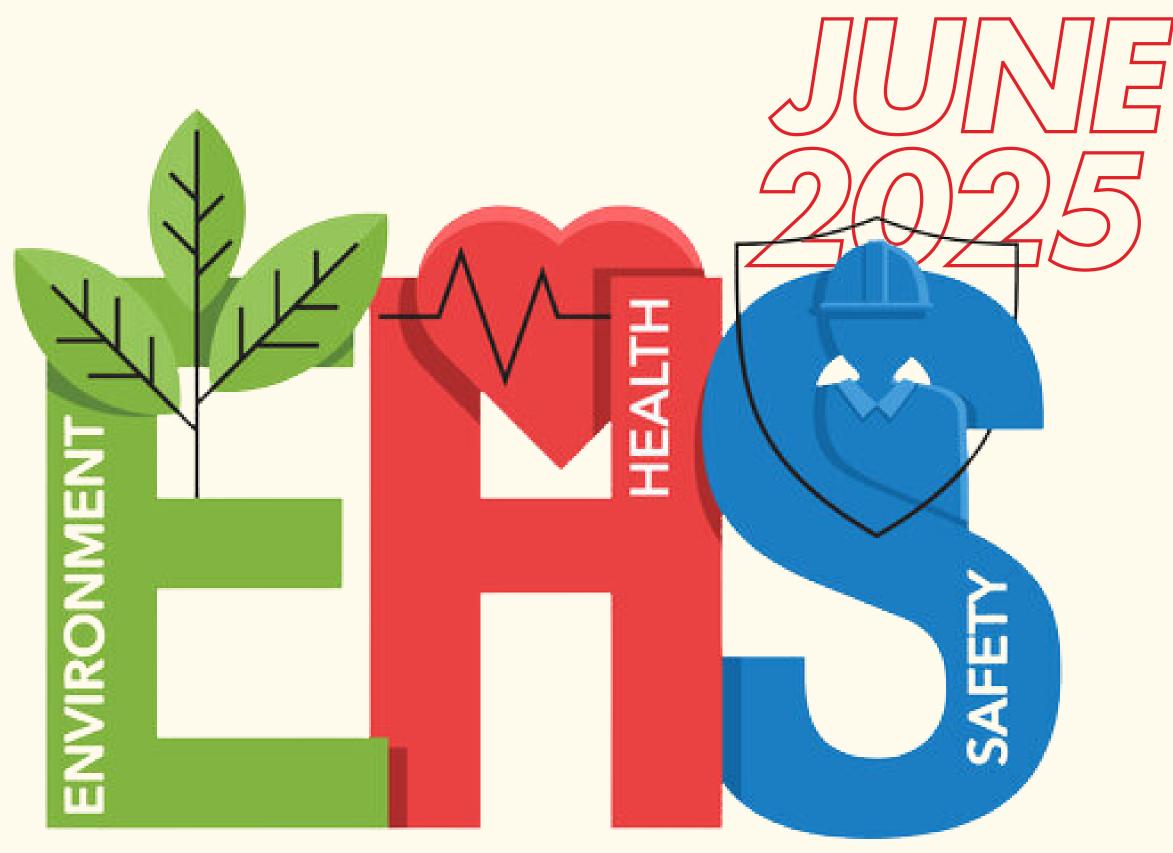
AMERICAN SOCIETY OF SAFETY PROFESSIONALS

Kuwait Chapter الجمعية الأمريكية لمحترفى السلامة





MONTHLY E-NEWSLETTER





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Working Together for a Safer, Stronger Future













THE HSE UPDATES

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ASSP Kuwait Chapter is delighted to have been awarded ISO 9001:2015
Certification, an internationally recognized standard that ensures their products and services meet the needs of customers through an effective quality management system.





ASSP Kuwait Chapter recognized 8th time with the prestigious Platinum level Chapter award including the term 2023-24

2TH INTERNATIONAL HSSE & LOSS PREVENTION

PROFESSIONAL DEVELOPMENT CONFERENCE & EXHIBITION 2025





ASSP Kuwait Chapter proudly presents the 12th International HSSE & Loss Prevention Professional Development Conference & Exhibition 2025

Under the Patronage of

H.E. Tareq Sulaiman Al-Roumi,

Minister of Oil and Chairman of the Board of Directors, Kuwait Petroleum Corporation,

The ASSP Kuwait Chapter successfully hosted its flagship event — the Professional Development Conference (PDC) 2025 — on May 7–8, 2025, at the Al-Baraka Ballroom, Crowne Plaza Hotel, Kuwait. This landmark conference drew a record-breaking number of participants from across Kuwait and the GCC region, reaffirming its reputation as one of the premier HSE events in the Middle East.

Event Highlights:

- Inauguration Ceremony graced by key dignitaries and industry leaders.
- Inspiring Keynotes from internationally acclaimed HSE professionals.
- Panel Discussions & Technical Sessions featuring expert speakers covering safety leadership, digital transformation in safety, environmental stewardship, and more.
- Exhibition Pavilion showcasing innovative HSE solutions and technologies from leading organizations.
- Recognition Ceremony honoring safety champions and contributors to the HSE community.

Acknowledgements:

We extend our heartfelt gratitude to:

- Our Chief Guests, Sponsors, and Exhibitors for their invaluable support.
- The Organizing Committee, Volunteers, and Partners for their tireless efforts.
- All the attendees and speakers for making PDC 2025 a truly engaging and enriching experience.















PRESIDENT MESSAGE



Step Up: The Power of Volunteering!

When I first took on the role of President of the ASSP Kuwait Chapter, I knew we had a big year ahead. But what I didn't fully anticipate was how deeply I would be moved by the commitment of our volunteers, individuals who step forward not for recognition, but for the purpose of building something bigger than themselves.

Volunteering members are not just contributors, they are the heartbeat of our society. With our newly restructured committees now taking shape, we are entering an exciting phase, one that offers an open door for professionals to bring their passion, ideas, and energy into action. This is your moment to step forward.

Why Volunteer?

Volunteering is more than lending your time. It's an investment in yourself, your profession, and your community. It's a way to gain visibility, grow as a leader, and develop skills you might not acquire in your day job.

Most importantly, a legacy of pride.

As someone who started in this field out of a desire to make workplaces safer, I can tell you: volunteering is how I found my purpose.

What's Changing?

Our new committee structure reflects the challenges and opportunities of today:

- Digital innovation in safety
- Inclusion of youth and women professionals
- Community outreach and sustainable practices

Each committee is a platform for real impact, and it needs voices like yours.

What Can You Bring?

You don't need to have all the answers. You just need a willingness to act. Whether it's coordinating events, writing content, engaging students, improving systems, or launching new campaigns, your contribution matters.

Let's build something together that we can all be proud of.

Ready to Join?

Reach out. Ask questions. Pick a committee. Say yes.





CALL for VOLUNTEERS

We are pleased to invite nominations for Committee Heads and Committee Members for the upcoming 2025–2026 term!

This is an excellent opportunity to:

- Contribute to Chapter's strategic initiatives
- Enhance your leadership capabilities
- Support the advancement of the HSE profession
- Eligibility: Valid ASSP members
- Deadline for Submission: 23rd June 2025 @7:00 PM
- Email Nominations to: info@kuwait.assp.org

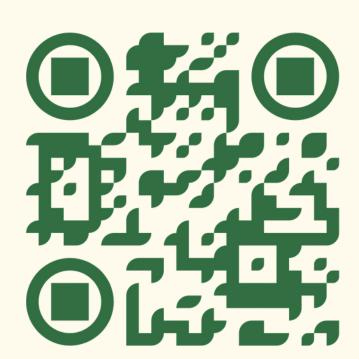
(CC: secretary@kuwait.assp.org)

WhatsApp for Queries: +965 50941075

Available Committees:

- 1. WISE (Women in Safety Excellence) Committee
- 2. Certification & Standards Committee
- 3. Membership Committee
- 4. Media & Communication Committee
- 5. Sustainability, Innovation & Research Committee
- 6. Outreach & Partnership Committee
- 7. Events Committee

SCAN TO DOWNLOAD THE NOMINATION FORM



≛ Download the nomination form and be part of our leadership community.

ASSP KC'S SAFETY PROFESSIONAL OF THE YEAR SPY 2025





Mr. Safdar Ali Khan Past President (2023-24)



ASSP KC's SPY AWARD 2025

ASSP Kuwait Chapter's Safety Professional of the Year - SPY 2025

ASSP Kuwait Chapter is honored to announce **Mr. Safdar Ali Khan** as the recipient of the Safety Professional of the Year (SPY) 2025 award.

This prestigious recognition reflects Mr. Safdar's exemplary leadership, unwavering dedication, and outstanding contributions to the field of occupational safety and health. As Past President (2023–2024), he played a pivotal role in advancing the Chapter's strategic initiatives and fostering a strong culture of safety within the professional community.

We extend our heartfelt congratulations to Mr. Safdar Ali Khan on this well-deserved achievement and express our deepest appreciation for his continued commitment to excellence and service in the safety profession.





Webinar - "Noise Control and Hearing Conservation"

Date: 16 June 2025 (Monday)

Time: 7:00 PM to 8:15 PM (Kuwait Time)

Platform: Zoom Online

Presenter: Mr. Issam – Industrial Hygienist, Kuwait Oil

Company (KOC)

The ASSP Kuwait Chapter's Training & Professional Affairs Committee organized an insightful webinar on "Noise Control and Hearing Conservation" on June 16, 2025. The session was designed to raise awareness about occupational noise hazards and the importance of implementing effective noise control methods and hearing conservation programs in the workplace.

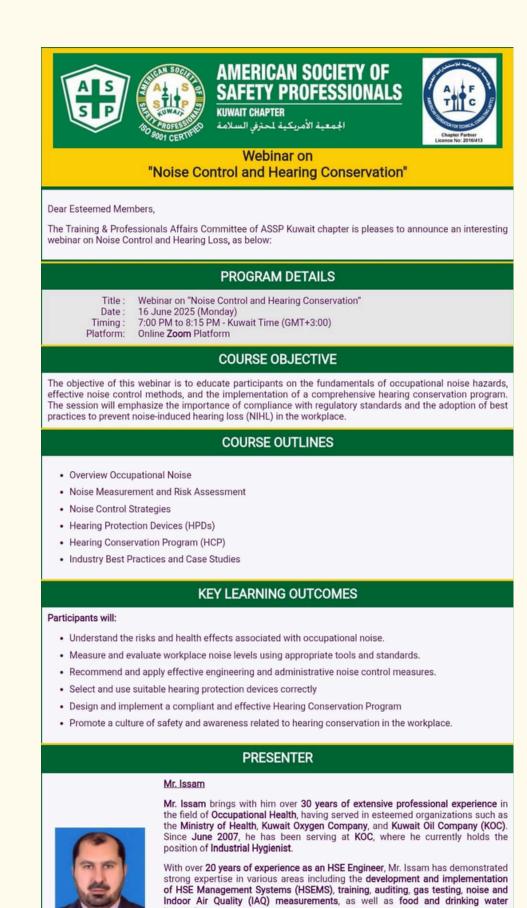
With over 30 years of experience in Occupational Health and more than 20 years as an HSE Engineer, Mr. Issam shared valuable insights on measuring noise levels, selecting appropriate hearing protection devices, and establishing compliant hearing conservation strategies.

Key Topics Covered:

- Overview of Occupational Noise
- Noise Measurement & Risk Assessment
- Noise Control Strategies
- Hearing Protection Devices (HPDs)
- Hearing Conservation Programs (HCP)
- Case Studies and Industry Best Practices

Key Takeaways for Participants:

- Understand health risks of occupational noise
- Apply engineering & administrative noise controls
- Select and use HPDs effectively
- Develop compliant Hearing Conservation Programs
- Promote safety culture in high-noise environments



Mr. Issam's academic background is equally impressive. He holds a Bachelor of Science in Occupational and Environmental Health from Jordan University of Science and Technology, and a Master of Science in Environmental Science from





Become a Member!!!

Founded on October 14, 1911. The American Society of Safety Professionals (ASSP) is the World's Oldest professional safety Society.

Key Facts:

- 38000+ members in 80 Countries
- 140+ Chapters
- 39 Sections (37 United Sates, 2 Global)
- 9 Regions





ASSP Kuwait chapter was founded in 2000 is the Kuwait's Premier Voluntary, non profit making Health, safety and Environment organization that strives to provide professional guidance, training, consultancy and resources to the Industrial and Social Sectors in the region. In Purchase to its lofty goals and objectives the society has been organizing International Conferences, Technical meets, Training Programs and Outreach Activities on way to become one of the most active professionals bodies in the Middle East especially at valuable land of Kuwait.

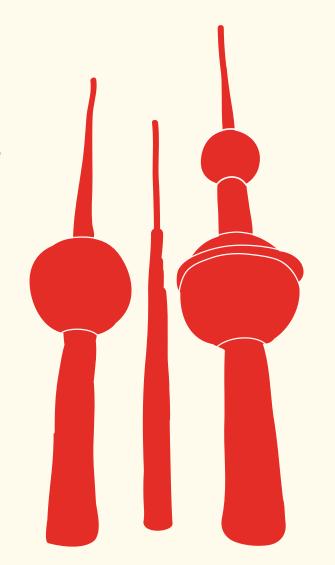
Key facts:

400+ Members in Kuwait as of May 2025.

<u>Member - Get- A - Member</u>

Following are the benefits for referring your friends or colleagues to ASSP. The more your friends who join, the more you get reward

	Refer 3	Refer 5	Refer 10
Free On Demand Webinar	✓	✓	
Free 1 Year Membership		✓	✓
Free ASSP Course			✓











AMERICAN SOCIETY OF SAFETY PROFESSIONALS

الجمعية الأمريكية لمحترفي السلامة

WHY SHOULD YOU ENROLL FOR ASSP MEMBERSHIP?

35,000⁺
Members Worldwide!

Access to Premium Resources

Community & Networking Opportunities

Safety Education & Training

Safety Publications
Safety Career Search
Member Recognition

Founded in 1911

74 Student Section 39 Professional Sections

140⁺ chapters

Free Learning Resources:

Compliance Webinars

Safety Management Systems Webinars

Fall Protection Webinars

Risk Assessment Webinars

Risk Management Webinars

Heat Stress Webinars

Serious Injuries and Fatalities (SIFs) Webinars

Training & Communication Webinars

Business Acumen Webinars

Leadership & Professional Development Webinars

Total Worker Health® Webinars

Certification Prep & Math Toolbox Webinars

Free Safety News Article

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Working together for a safer, stronger future.

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S. No	Name	May 2025 Status	
1	Abdul Raheman N Ustad	New	
2	Ali Khalaf Hassan Ismail	New	
3	Haytham Mohamed El Magda Shelby	New	
4	Hosaam Samir Ibrahim	New	
5	Ibrahim Mohamed Elmahdy	New	
6	Kiroless Anwar Abdelmalak Girges	New	
7	Ramees MP	New	
8	Ms Danah Ahmad Saleh Alhumoud	New	
9	Jestin Joe George	New	
10	Mohamed Said Abdelraouf Abdo	New	
11	Shyam Khochukunju Sivan	Renewal	
12	Vivek Dabare	Renewal	
13	Muvvala Ramu	Renewal	
14	Dommaraju Krishnanaraju	Renewal	
15	George Saju Thachil	Renewal	
16	Siva Prasad Penky	Renewal	
17	Mohammed Zafar Taj	Renewal	
18	Mohammed Jabbar Ahmed	Renewal	
19	Preethan Dsouza	Renewal	
20	Deepak Rajesh Nandagopal	Renewal	
21	Vishal Sawlikar	Renewal	
22	Reshma Thakur	Renewal	
23	Shaik Hammad Areef	Renewal	
24	Mohamed Ahmed Abo Elfetof	Renewal	
25	Rajendra Selvaraj	Renewal	
26	Shyam Krishna	Renewal	
27	Hamid Hosen Khan	Renewal	
28	Devendra Rathore	Renewal	
29	Anush Mohammed	Renewal	
30	Ahmed Abdullah	Renewal	
31	Mr. Ademola Adeshina	Renewal	
32	Pawan Kumar Kuttan	Renewal	





Shaik Maqbul Basha	Head
Shafeeq Munavvar Sheik	Deputy
Deepak Rajesh	Member
Smitha Ravindran	Member
Salman Siddiqui	Member



For further more details about ASSP Membership and To Join

Reach out to us on: membership@kuwait.assp.org / info@kuwait.assp.org /

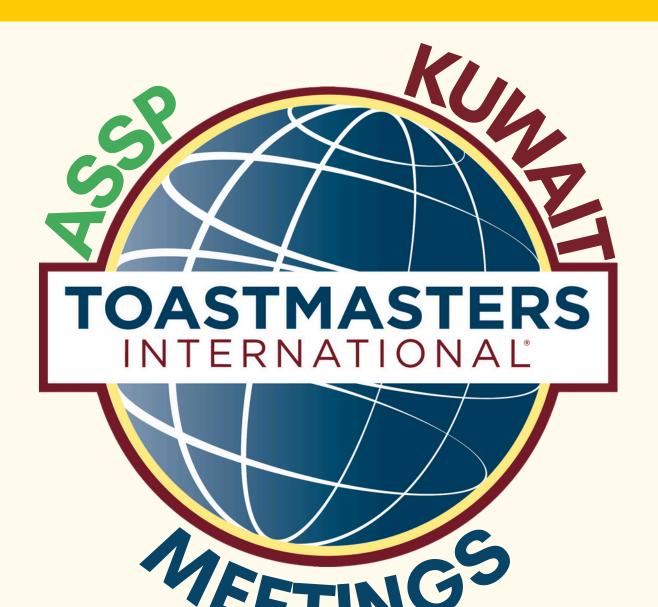
WhatsApp: <u>+965 50941075</u>

For Membership Payments and payment link, Please contact our chapter dedicated membership staff.

Mr. Khaja Mohiddin Syed



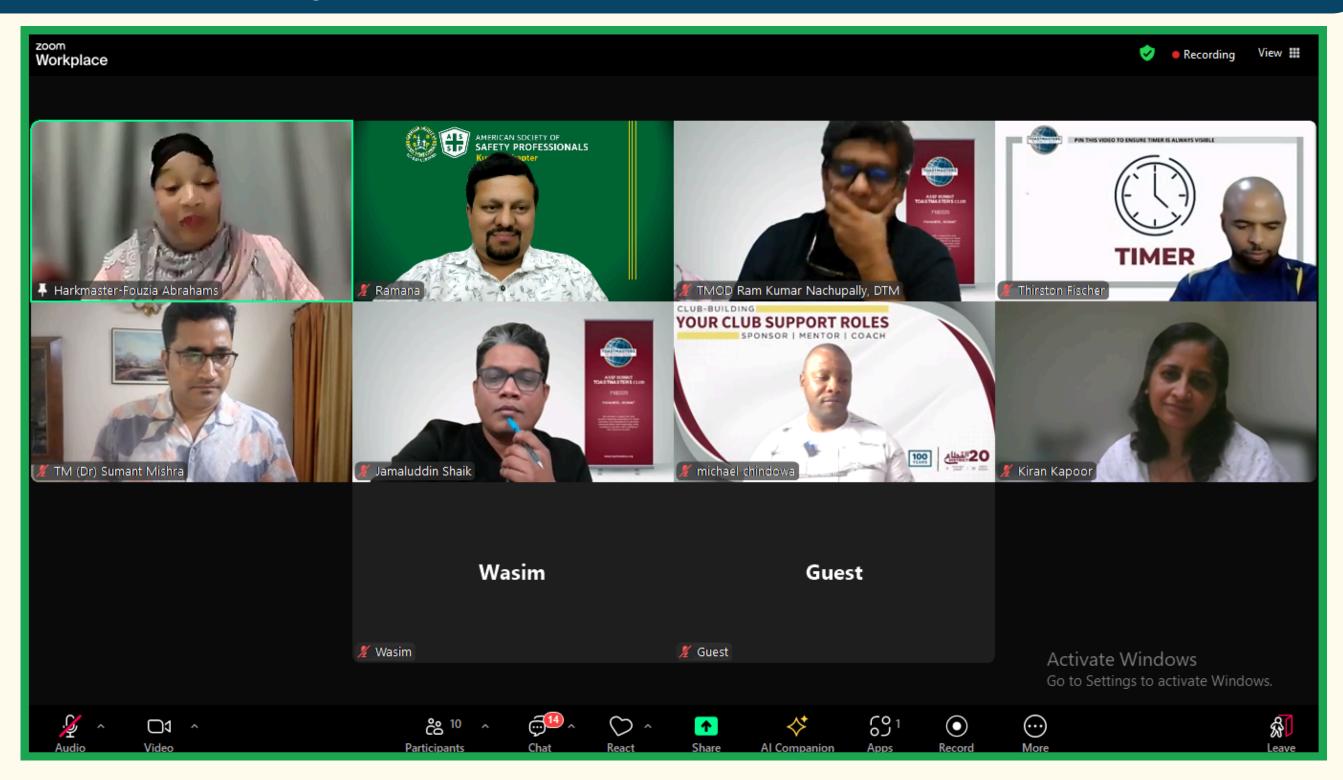






AASSP Kuwait Chapter has initiated an own Toastmasters club named as ASSP Kuwait Toastmasters Club for their members. Many ASSP members have utilized these Toastmasters' International educational programs and have become successful in their professional life. Let the next one be you.

To know more about Toastmasters club contact DTM Ram Kumar Nachupally (Vice President-Membership) @65554673. or TM Devendra Rathore (Vice President -Education) @ 65086245. TM Sunil N.S (President of ASSP Kuwait Toastmasters Club) @ 99284766.



ASSP Kuwait Chapter has initiated and owns a Toastmasters club named as ASSP Kuwait Toastmasters Club. Many ASSP members have utilized these Toastmasters' International educational programs and have become successful LEADERS in their PERSONAL AND professional life. Let the next one be you. Move forward with confidence and learn, lead and empower our ASSP Kuwait safety professionals. **JOIN TODAY!**

ASSP Kuwait Toastmasters Club meets on second and third Saturdays of the month through online and offline. We request all ASSP Kuwait chapter members to attend the meeting and feel the experience to become better professionals.

KNOWLEDGE CHECK



June Knowledge Check: Beat the Heat - Stay Safe!

Take this short quiz to test your awareness about summer heat and key health & safety practices in the workplace. Answers are at the end – no peeking!

1. What is the most common type of heat-related illness?

- A. Heat stroke
- B. Heat exhaustion
- C. Heat cramps
- D. Heat rash

2. Which of the following is a sign of heat exhaustion?

- A. Cold, pale, and clammy skin
- B. High body temperature (above 104°F / 40°C)
- C. Unconsciousness
- D. Severe chest pain

3. What is the best fluid to drink to stay hydrated while working under the sun?

- A. Coffee
- B. Energy drinks
- C. Water
- D. Soft drinks

4. Which of the following actions helps in preventing heat stress at work?

- A. Wearing tight clothing
- B. Skipping breaks to finish faster
- C. Working only in shaded or cooled areas whenever possible
- D. Drinking fluids only when thirsty

5. When should outdoor work ideally be scheduled in hot climates like Kuwait?

- A. Noon to 3 PM
- B. 11 AM to 4 PM
- C. Early morning and late afternoon
- D. It doesn't matter

6. What is the term for a regulation that protects workers during extreme summer conditions in GCC countries?

- A. Cool Hours Policy
- B. Midday Work Ban
- C. Summer Work Reduction Act
- D. Thermal Protection Law



KNOWLEDGE CHECK



7. What Personal Protective Equipment (PPE) helps reduce heat strain?

- A. Reflective vests and hard hats with sunshields
- B. Heavy woolen clothing
- C. Raincoats
- D. Steel toe boots only

8. Which of these symptoms indicates a medical emergency due to heat stroke?

- A. Muscle cramps
- B. Slight headache
- C. Confusion or unconsciousness
- D. Mild sweating

9. What role should supervisors play during extreme heat periods?

- A. Assign more work to complete it early
- B. Monitor workers for signs of heat stress and enforce rest breaks
- C. Avoid field visits
- D. Allow only night shifts

10. Which group is at highest risk for heat-related illness?

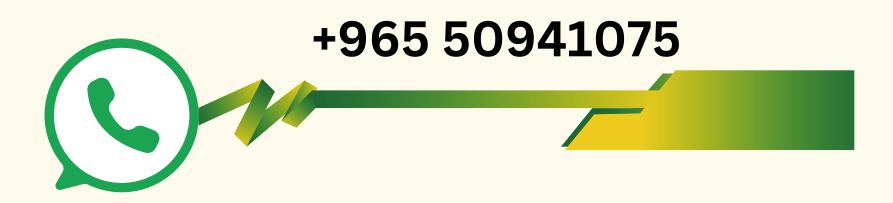
- A. Office workers
- B. Night shift security guards
- C. Outdoor construction workers
- D. Cafeteria staff

Answer Key:

- 1. (B) Heat exhaustion
- 2. (A) Cold, pale, and clammy skin
- 3. (C) Water
- 4. (C) Working only in shaded or cooled areas whenever possible
- 5. (C) Working only in shaded or cooled areas whenever possible
- 6. (B) Midday Work Ban
- 7. (A) Reflective vests and hard hats with sunshields
- 8. (C) Confusion or unconsciousness
- 9. (B) Monitor workers for signs of heat stress and enforce rest breaks
- 10. (C) Outdoor construction workers











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CHAPTER EXECUTIVES

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