



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS



E- Newsletter – October 2026 Edition

ASSP Kuwait Chapter

الجمعية الأمريكية لمحترفي السلامة

"Working together for a safer, stronger future"



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Message from the Chairman

I am very privileged to be the chairman of ASSP Kuwait Chapter since the chapter's inception in 2000.

The ASSP-Kuwait chapter envisions developing into a center of excellence providing professional guidance, services, consultancy and resources to the Industrial and Social sectors in the region on matters related to Health, Safety and Environmental Protection.

ASSP Kuwait Chapter is an ISO 9001:2015 certified non-profit organization of professionals committed to the advancement of Health, Safety and Environment (HSE) practices among the Industrial sectors and social groups in Kuwait. ASSP, USA was established In 1911. Society has been the most respected advocate for workplace safety and health professionals, working hard to advance the profession and the individuals throughout the globe. It is well connected with more than 38,000 members in more than 80 countries around the world and the Kuwait chapter is the most vibrant chapter outside the USA in terms of spreading the message actively. we connect safety and health professionals to a vast community of peers, resources and opportunities. In line with ASSP Kuwait chapter objectives we organize the following programs to meet these objectives, and we strongly communicate which each other and with the community through various media and communication channels.

Following are the major activities of the chapter where HSE professionals, Industries can make use of these programs for the advancement of HSE awareness for their employees and with this platform provided they can share their best practices utilizing their CSR budgets.

- International HSSE Professional Development Conference & Exhibition
- GCC HSE Excellence Award to recognize private sector Companies
- HSE Training programs
- Complimentary HSE Technical Seminars / HSE Webinars
- Publications (E-newsletters, Awareness Flyers) to promote HSE awareness for HSE professionals and the community
- Community Outreach Campaigns like Beach Clean-up, Defensive Driving programs etc
- Exclusive events for Women in Safety Excellence



Eng. Fadhel Al Ali

We as a chapter believe think globally and act locally and I once again thank all the volunteers of the chapter for their continuous voluntary efforts in achieving the common goal of,

“

Working for a better safer stronger future”.

Quick Facts

 **80+**
Countries

 **140+**
Chapter world wide

 **38000+**
Members world wide



Message from the President

It is a true honour and privilege to serve as the President of the ASSP Kuwait Chapter. Reflecting on the past year, I am filled with immense gratitude and pride for everything we have achieved together. Every initiative, technical session, outreach programme, and meaningful engagement has been a testament to the dedication, professionalism, and collaborative spirit that define our Chapter.

The profession of occupational health, safety, security, environment, and loss prevention continues to evolve rapidly, presenting both new challenges and exciting opportunities. Today, our responsibility extends far beyond regulatory compliance. As safety professionals, we are leaders, educators, mentors, and advocates, committed to fostering workplaces where every individual can perform their duties safely and return home to their families each day.

Throughout the year, ASSP Kuwait Chapter has remained steadfast in its mission to promote professional excellence through knowledge sharing, technical learning, networking, and community engagement. Our conferences, workshops, technical meetings, student initiatives, and outreach programmes have reinforced the importance of continuous learning and collaboration. These accomplishments would not have been possible without the unwavering commitment and active participation of our members.

I extend my sincere appreciation to our Executive Committee, Advisory Board, Student Chapter, committee heads, volunteers, speakers, sponsors, partners, and every member who has generously contributed their time, expertise, and passion. Your dedication continues to strengthen our Chapter and advance the safety profession across Kuwait and the GCC.

As we look ahead for year 2026-27, let us continue to embrace innovation, encourage the exchange of ideas, and mentor the next generation of safety professionals. Together, we can build more resilient organizations, safer workplaces, and healthier communities.



Mr. Mohamed Yusuff. A

Serving as a President has been one of the most rewarding experiences of my professional journey. I sincerely thank each of you for your confidence, encouragement, and continued support. I remain confident that, together, we will continue to build on our achievements and reach even greater milestones in the years to come.

Thank you for being an integral part of the ASSP Kuwait Chapter. Let us continue to lead with purpose, serve with integrity, and work together towards a safer tomorrow.

“

**Working for a better
safer stronger future”.**



Message from the Vice President

Dear Members,

It is a privilege to serve as Vice President of the ASSP Kuwait Chapter and to support our shared mission of advancing occupational health, safety, security, environment, and loss prevention across Kuwait and the GCC.

Working alongside our President, Executive Committee, Advisory Board, Student Chapter, volunteers, and members has been truly rewarding. Every technical session, workshop, outreach programme, and networking opportunity reinforces the value of continuous learning, collaboration, and professional excellence. These efforts remind us that our role extends beyond compliance—we are mentors, advocates, and leaders committed to ensuring every individual returns home safely each day.

I extend my sincere appreciation to all who contribute their time, expertise, and passion. Your dedication strengthens our Chapter and elevates the safety profession.

As we move forward together, let us continue embracing innovation, exchanging ideas, and mentoring the next generation of safety professionals. United in purpose and integrity, we can build more resilient organizations, safer workplaces, and healthier communities.

Thank you for being an essential part of the ASSP Kuwait Chapter. Let us keep leading with purpose and working toward a safer tomorrow.



Syed Kashif Vali

“

**Together We Elevate,
Together We Protect.”**



Message from the Secretary

Dear Members,

For me, serving as the Secretary of ASSP Kuwait Chapter is more than taking up a position—it is both an honour and a responsibility. Over the years, this position has been held and distinguished by many respected leaders and pioneers of the HSE profession. I feel privileged and humbled to follow in their footsteps and grateful for the opportunity to contribute, in my own way, to the legacy they have helped build.

I strongly believe that the real strength of ASSP Kuwait Chapter is our people—our members, volunteers, professionals, students, industry partners and everyone who contributes their time, knowledge and experience to our professional community. As we move through the 2026–27 term, I would like to see our Chapter reach more people and create more opportunities for professionals to connect, learn, contribute and grow.

One of our key priorities is to increase our membership and strengthen member engagement. For me, membership growth is not simply about increasing a number. Every new member brings new experience, new ideas, new energy and another opportunity for us to learn from each other.

Through technical programs, professional development, mentoring, networking, volunteering, industry collaboration and knowledge sharing, we want ASSP Kuwait Chapter to be a platform where professionals at every stage of their career feel welcomed, connected and encouraged to contribute.

A major milestone in this journey is now approaching—the 13th International HSSE & Loss Prevention Professional Development Conference (13th PDC) and GCC HSSE Excellence Awards 2026, scheduled for 4–5 October 2026. The PDC is much more than a two-day conference. It is a platform where our profession comes together—where experiences and best practices are shared, new ideas are discussed, innovations are introduced, achievements are recognized and lasting professional relationships are built.

As Secretary, I look forward not only to fulfilling the responsibilities entrusted to me, but also to listening to our members, learning from our senior professionals, encouraging our young and emerging professionals, and working closely with our leadership, committees, volunteers and industry partners. I believe there is much more we can achieve when we work together with a shared purpose and a genuine willingness to contribute.

Together, let us make the 13th PDC and GCC HSSE Excellence Awards 2026 another proud milestone for ASSP Kuwait Chapter.



Prabeesh MP

Behind every successful PDC are people—people who volunteer their time, share their knowledge and ideas, coordinate behind the scenes, support one another and participate with a common purpose. That is why I sincerely invite every member of our Chapter to be part of this journey. You do not need a position to contribute; you only need the willingness to participate. Every contribution matters, every volunteer matters, and every member matters.

“

**Let us connect,
contribute, inspire
and grow together.”**

Quick Facts

 **80+**

Countries

 **140+**

Chapter worldwide

 **38000+**

Members worldwide

Message from the Head of Committees

Dear Members,

It is a privilege to support and coordinate the various committees of ASSP Kuwait Chapter, each of which plays an important role in advancing our professional, technical, outreach and member-focused activities.

Our focus for the 2026-27 term is to strengthen coordination between the Executive Committee and all functional committees, enabling them to work with greater clarity, collaboration and effectiveness. While every committee has its own objectives and responsibilities, our collective strength comes from working together towards the common goals of the Chapter.

A key priority will be to make committee functioning more structured, responsive and supportive—facilitating timely communication, sharing resources and ideas, encouraging cross-committee cooperation, and helping remove practical barriers that may affect the progress of planned activities.

Equally important is creating greater opportunities for our members to participate, contribute their expertise and benefit from Chapter initiatives. Whether through technical programs, training, professional development, research, sustainability, outreach, student engagement or networking, we want every member to feel connected and valued.

I look forward to working closely with the Executive Committee, Committee Heads, volunteers and members to strengthen our collective efforts and further enhance the value ASSP Kuwait Chapter brings to the HSE community.



Mustakbeg Akberbeg Mirza

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Together, through collaboration and active participation, we can make our Chapter stronger, more connected and more effective.



ISO 9001:2015 Certification

The ASSP Kuwait Chapter is proud to have been awarded the ISO 9001:2015 Certification, an internationally recognised standard for Quality Management Systems (QMS). This achievement reflects the Chapter's commitment to delivering high-quality services, ensuring member and stakeholder satisfaction, and continually improving its processes through an effective quality management system. It demonstrates the Chapter's dedication to operational excellence, consistent performance, and continuous improvement while advancing the health and safety profession through quality-driven programs, professional development, and member engagement.



ASSP Platinum Level Chapter Award

The ASSP Kuwait Chapter has been recognised for the 8th time with the prestigious Platinum Level Chapter Award, including for the 2023–2024 term. This distinguished recognition is the highest honour awarded to ASSP chapters and reflects the Chapter's outstanding performance, strong leadership, active member engagement, and continued commitment to advancing the occupational safety and health profession. Achieving Platinum status for the eighth time highlights the Chapter's consistent excellence in delivering high-quality programs, professional development opportunities, and meaningful contributions to the HSE community in Kuwait.





Chairman
ASSP Kuwait Chapter



Mohamed Yusuff. A
President



Syed Kashif Vali
Vice President



Prabeesh MP
Secretary



Munir Khan N Pathan
Treasurer



Eng. Ahmed Al Shatti
Hon. President



Eng. Noor Al Sadi
Hon. Vice President



Eng. Yaser Al Hamad
Hon. Secretary



Mustakbeg Akberbeg Mirza
Committee's Coordinator



Vijaya B Vadhawane
Head of WYISE Committee



Narendra Patel
Head of Publication Committee



Mohammed Shaikh Maqbul
Head of Media & Web
Development Committee



Shafi Haider
Head of Committee
Certification & Standards
Committee



Balvant Singh Kathayat
Head of HSE Events &
Partnership Committee



Dhsikh Jameer Ahmed
Head of Sustainability, Innovation &
Research Committee



Yashwant Garlapati
Head of Outreach & student
Committee



Salam Burhanuddin
Head of technical & Training
Committee



Shafeek Munavvar Sheik
Head of Membership Committee



Interview Highlights with Eng. Ahmad Al-Shatti

Director – PROFESSIONAL DEVELOPMENT CONFERENCE & GCC EXCELLENCE AWARDS 2026, Honorary President – ASSP Kuwait Chapter

Eng. Ahmad Al-Shatti, Honorary President of the ASSP Kuwait Chapter, was interviewed by a member of the ASSP Kuwait Chapter Publication Committee regarding his involvement in the upcoming **PDC 2026 and GCC HSSE Excellence Awards**. The interview highlighted the role of these events in expanding ASSP Kuwait Chapter's outreach, promoting professional development, encouraging HSSE excellence across the GCC, and exploring the growing role of AI in the future of HSSE. He also shared his perspective on the planning of the events, the challenges faced by the organizing team, and the key outcomes expected for participating professionals and organizations.

1. Expanding ASSP Kuwait Chapter's Regional Outreach

Eng. Ahmad highlighted that the PDC has developed into a recognized HSSE platform connecting professionals, industry leaders and organizations across Kuwait and the GCC. Together with the GCC HSSE Excellence Awards, the events provide opportunities to exchange knowledge & experience, showcase successful initiatives and strengthen professional relationships across geographical and organizational boundaries.

“

Our outreach is growing not simply through the number of participants, but through the quality of engagement and the professional relationships we continue to build across the region.”

2. Intelligent HSSE: The Growing Role of AI

The selection of “Intelligent HSSE” as the PDC 2026 theme reflects the growing potential of Artificial Intelligence within the HSSE profession. Eng. Ahmad emphasized AI's ability to analyze large volumes of information, identify patterns and provide earlier indications of potential risks, supporting a shift from reactive safety management toward more predictive and proactive approaches. However, he stressed that technology should complement—not replace—professional judgment and human responsibility.

“

The future of HSSE will increasingly involve using data and technology to anticipate risks rather than simply responding to them.”

3. Recognition That Drives Improvement

Eng. Ahmad explained that the GCC HSSE Excellence Awards are intended to do more than recognize winning organizations. By giving wider visibility to successful initiatives, solutions and best practices, the Awards allow achievements that might otherwise remain within individual organizations to become learning opportunities for the wider industry. Recognition can also motivate the professionals behind these initiatives to continue improving and innovating.

4. Developing the Next Generation of HSSE Professionals

One of the key strengths of the PDC is its ability to bring different generations of HSSE professionals together. Young professionals gain direct exposure to experienced practitioners, senior leaders and decision-makers, allowing lessons accumulated over many years to be shared with the next generation.

Eng. Ahmad emphasized that while experience itself cannot be replaced, younger professionals do not necessarily need to learn every lesson the hard way. By learning what worked, what did not and what experienced professionals have learned throughout their careers, they can build upon that knowledge while gaining a broader understanding of the direction of the industry.

5. Turning Conference Knowledge into Workplace Improvement

For Eng. Ahmad, the true success of PDC 2026 will be determined not only by what happens during the conference, but by what happens afterwards. Through technical sessions, panel discussions, industry leaders, subject-matter experts, exhibitors and emerging technologies, delegates may discover new ideas, solutions or approaches that can be adapted within their own organizations. The ultimate objective is for the knowledge and conversations generated during the PDC to continue beyond the event and translate into practical improvements and safer workplaces.

6. Behind the Scenes: The Right People, Trust and Partnership

Organizing an event of this scale, Eng. Ahmad emphasized, starts with having the right people around the table. A successful organizing team requires individuals who bring technical knowledge, organizational experience, industry relationships and, most importantly, a commitment to deliver.

With many moving parts—from developing the technical program and selecting relevant topics to engaging speakers, exhibitors, partners and participating organizations—the strength and coordination of the team are essential.

Beyond the operational challenges, Eng. Ahmad identified trust as one of the most important factors. The reputation and industry relationships ASSP Kuwait Chapter has built over many years give organizations confidence in the professional value of participating in and supporting the event.

He also emphasized that an event of this scale cannot be delivered by one individual. It requires shared ownership across the organizing team and strong relationships with supporting organizations, which are viewed not simply as sponsors or participants but as partners in the event's success.

“

Recognition becomes a means of encouraging further improvement across the industry, rather than being the end objective itself.”

“

Investing in their development today is therefore an investment in the future leadership of our profession.”

“

The real measure is what happens afterwards.”

“If PDC 2026 generates ideas and conversations that continue after the conference and ultimately lead to safer and better workplaces, then we have achieved what we intended.”

“

Planning an event of this scale starts with having the right people around the table.”

“However, I believe the most important challenge is trust.”

“We do not see them simply as sponsors or participants; we see them as partners in the success of the event.”

“Ultimately, our success is their success, and that shared commitment is what allows us to deliver an event of this scale.”



Eng. Ahmad Al-Shatti

Director – PROFESSIONAL DEVELOPMENT CONFERENCE &
GCC EXCELLENCE AWARD 2026
Honorary President – ASSP Kuwait Chapter



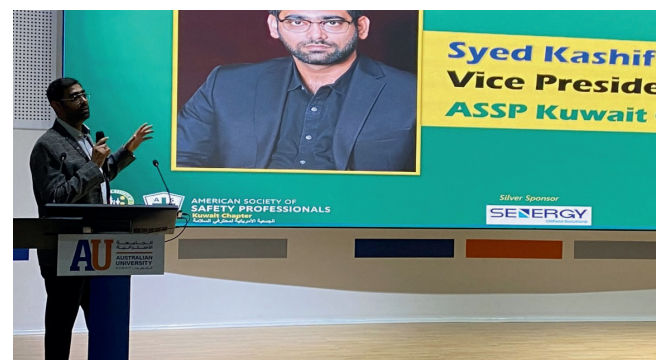
Technical Session on Adverse Effects of Excessive Use of Electronic Gadgets on Physical & Mental Health

The American Society of Safety Professionals- Kuwait Chapter successfully conducted a technical session on “Adverse Effects of Excessive Use of Electronic Gadgets on Physical & Mental Health” on 17 September 2026. It was attended by 49 members including students.

The event was led by the ASSP Kuwait Chapter WISE Committee, in collaboration with the Student & Outreach Committee, with the ASSP Kuwait Chapter – Australian University Student Section actively supporting the program.



The session was delivered by Dr. Susovana Sujith Nair, Medical Oncologist – Kuwait Cancer Control Center, who shared valuable insights on the physical and mental health impacts associated with excessive use of electronic gadgets.





Special congratulations to the AU Student Section Core Team Danah Alqattan for their active involvement, coordination and contribution to the successful delivery of the event.

We also extend our sincere appreciation to Australian University (AU), Kuwait, for providing the venue and supporting this important awareness initiative.



“Our thanks to the WISE Committee, Student & Outreach Committee, volunteers and all participants whose collective efforts made the session meaningful and successful.”



ASSP Kuwait Chapter Executive Committee Meeting #226

The ASSP Kuwait Chapter Executive Committee Meeting #226 was held on 10 September 2026 at Park Inn by Radisson Hotel, Mahboula, Kuwait, with the participation of 28 members. The meeting reviewed ongoing Chapter activities, financial matters and preparations for the upcoming 13th PDC & GCC HSSE Excellence Awards 2026.

Following the welcome address by the Chapter Secretary, the President and Chairman addressed the members. Updates on Chapter activities and the financial statement were subsequently presented by the Secretary and Treasurer respectively.

A major focus of the meeting was the PDC & GCC Awards 2026 preparations. The President reviewed the overall progress, with particular emphasis on accelerating three key areas — Delegates & Training Workshops, Sponsorships and Exhibition arrangements. He expressed satisfaction with the progress achieved and confidence that the remaining preparations would be completed on schedule.

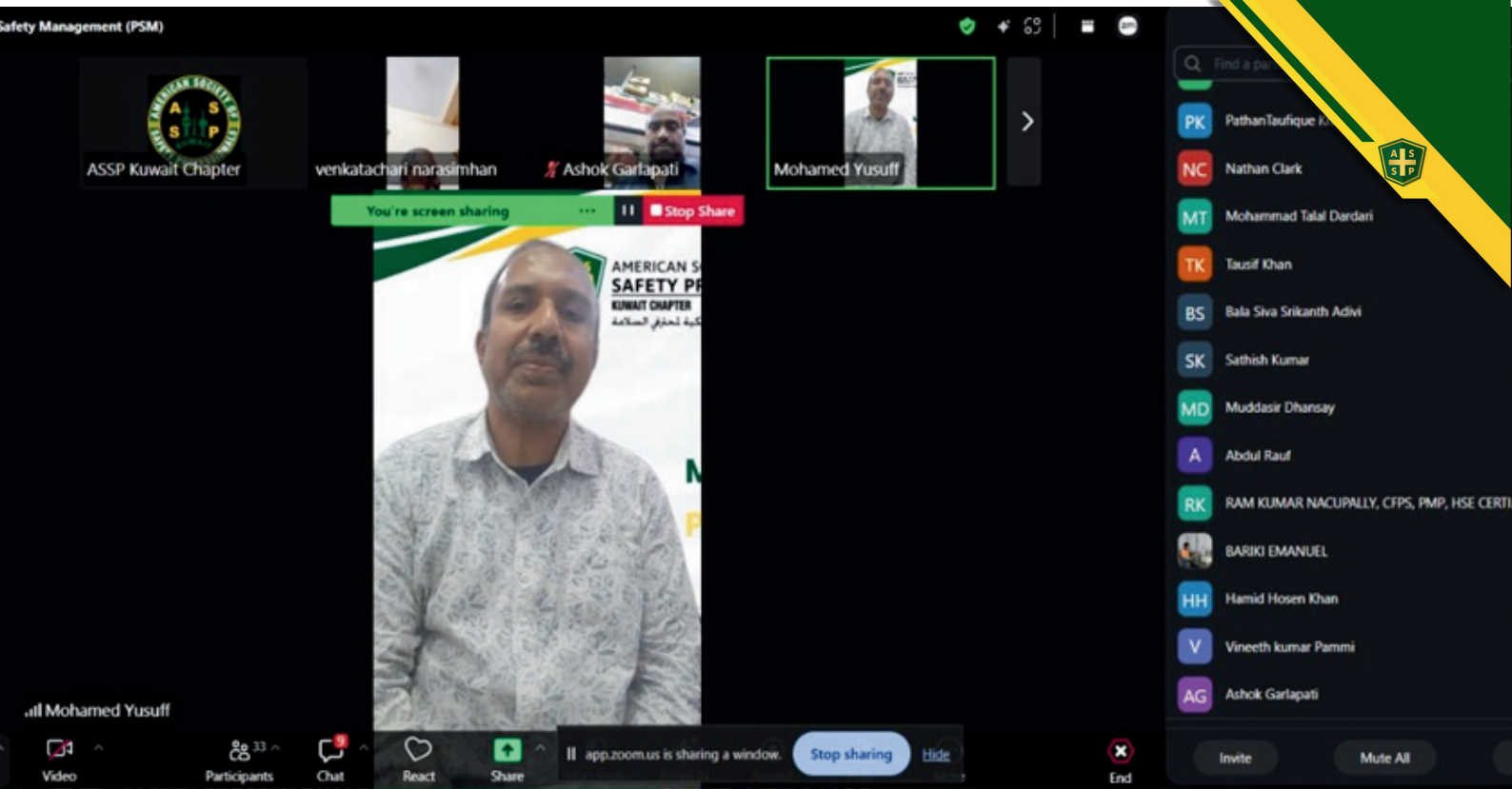
The PDC Lead presented the finalized training schedule, including venue allocations, and updated members on speakers and related coordination activities.



The GCC HSSE Excellence Awards Lead also briefed the committee on the progress of the award evaluation process and the anticipated final declaration of the successful participating companies. The agenda had dedicated a significant part of the meeting to PDC and GCC Awards updates and other related matters.

The meeting concluded with a Vote of Thanks by the Vice President, followed by dinner and interaction among members.





ASSP Kuwait Chapter Conducts Technical Session on Process Safety Management

The ASSP Kuwait Chapter, through its Core Committee and Technical & Training Committee, conducted an online technical session on **“Process Safety Management (PSM)”** on **9 September 2026**, with the participation of **33 safety professionals and members**.

The session was delivered by **Mr. Venkatachari Narasimhan**, Chemical Engineer and Chief Consultant – Safety, an experienced Process Safety professional with over 36 years of industry experience. Drawing from his extensive background in production, maintenance, instrumentation and safety, he shared practical insights into the fundamental principles and key elements of PSM.

The technical session covered **hazard identification, risk assessment, process safety systems, major incident prevention and operational controls**. Particular emphasis was placed on identifying major process hazards, understanding common process safety failures and applying effective PSM practices to prevent catastrophic events and strengthen overall process safety performance.

The interactive session provided participants with valuable practical perspectives on managing process risks in high-hazard industries and reinforced the importance of a systematic and proactive approach to Process Safety Management.



ASSP Kuwait Chapter Engages with SPE Kuwait Section Ahead of PDC 2026

As part of its ongoing stakeholder engagement for the upcoming **13th International HSSE & Loss Prevention Professional Development Conference (PDC) 2026**, the ASSP Kuwait Chapter leadership met with representatives of the **SPE Kuwait Section** to discuss participation and opportunities for professional collaboration.

The meeting provided an opportunity to brief the SPE Kuwait Section on the upcoming PDC and explore areas of cooperation by bringing together **SPE's petroleum industry expertise** and **ASSP's HSE expertise**. Discussions also covered opportunities for **knowledge exchange, joint training, technical programs and professional development**, aimed at creating greater value for members and the wider industry.

Representing ASSP Kuwait Chapter were **Eng. Fadhel Al-Ali, Chapter Chairman; Mr. Mohamed Yusuff A., Chapter President; and Mr. Prabeesh M.P., Chapter Secretary**. SPE Kuwait Section was represented by **Mr. Basel Alotaibi, Vice Chairman, and Mr. Abdulmohsen Mohammad AlQenaei, SPE Kuwait Section Focal Point**.

The engagement further strengthened the professional relationship between the two organizations and reflected their shared commitment to transforming partnership into meaningful initiatives for the benefit of members and the industry.





AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Kuwait Chapter
الجمعية الأمريكية لمختري السلامة



Chapter Partner



13th

International
Health, Safety, Security, Environment and
Loss Prevention Professional Development
Conference & Exhibition

4th - 5th October 2026

Hotel Regency, State of Kuwait

Intelligent HSSE: Leveraging AI to Strengthen Process Safety,
Drive Sustainability and Enhance Operational Excellence



ASSP Kuwait Chapter to Host 13th International HSSE Conference and Exhibition

KUWAIT: The American Society of Safety Professionals (ASSP) Kuwait Chapter will host its 13th International Health, Safety, Security, Environment and Loss Prevention Professional Development Conference & Exhibition (PDC 2026) on October 4 and 5 at The Regency Hotel, Kuwait. The two-day event will be held under the patronage of H.E. the Minister of Oil, State of Kuwait, and is expected to bring together safety professionals, industry leaders, experts, researchers and representatives from organizations in Kuwait and abroad.

Held under the theme **"Intelligent HSSE: Leveraging AI to Strengthen Process Safety, Drive Sustainability and Enhance Operational Excellence,"** PDC 2026 will focus on the growing role of technology in improving workplace safety, protecting people and the environment, and strengthening operational performance. The programme will feature keynote addresses, panel discussions, technical presentations, special sessions, e-posters, an industry exhibition and networking opportunities.



The conference will address a broad range of topics across health, safety, security and environment, including occupational safety and health, process safety, artificial intelligence and digital technology, environmental protection and sustainability, emergency response, fire safety, oil and gas operations, drilling and workover safety, contractor safety, training and competency, employee well-being and leadership. Sessions will also examine the use of artificial intelligence, drones, digital monitoring and other emerging technologies to identify hazards and support incident prevention. Professionals from major oil and energy organizations in Kuwait, together with specialists from government, healthcare, academia and the private sector, are expected to contribute to the programme.



A major feature of the event will be the **ASSP GCC HSE Excellence Awards 2026**, which recognize organizations for their commitment and achievements in health, safety, security and environmental performance. An exhibition running alongside the conference will provide companies with a platform to showcase safety technologies, products and services and to engage with professionals from different industries.

The Chapter has also arranged professional training programmes before and after the main conference. The programmes cover emergency and **crisis management, first aid, HSE, drilling competency, IADC-related programmes, HAZOP and QRA, and scaffold inspection**, extending PDC 2026 beyond the two-day conference into a wider professional development programme.

The ASSP Kuwait Chapter leadership for 2026–27 includes Eng. Fadhel Al Ali, Chairman; Mohamed Yusuff A., President; Syed Kashif Vali, Vice President; Prabeesh MP, Secretary; Munir Khan N Pathan, Treasurer; Eng. Noor Al Sadi, Honorary Vice President; and Eng. Yaser Al Hamad, Honorary Secretary. Eng. Ahmed Eissa Al Shatti serves as Director of PDC & GCC HSE Excellence Awards 2026, with Bader Mubarak Al Hadhrami as Deputy Director of PDC 2026. Mazharuddin Shaikh is Deputy Director of the GCC HSE Excellence Awards 2026, while Msutak Mirza serves as Organizing Committee Head. The PDC 2026 Conveners are Golamari Sampath Reddy, Jignesh Shah and Sunil N S.

Through PDC 2026, the ASSP Kuwait Chapter aims to create a platform where experienced professionals and the next generation can exchange practical knowledge, discuss emerging technologies, strengthen professional networks and contribute to a stronger safety culture



PDC 2026 will be held on October 4–5, 2026, at The Regency Hotel, Kuwait.

For information, contact info@kuwait.assp.org or contact@kuwait.assp.org

The Team Behind ASSP PDC and GCC Excellence Awards 2026



PDC & GCC EXCELLENCE AWARDS STEERING COMMITTEE



Eng. Fadel Al Ali
Chairman
ASSP Kuwait Chapter



Mohammad Yusuff
President
ASSP Kuwait Chapter



Eng. Ahmad Eissa Al Shatti
Director, PDC & GCC Awards
ASSP Kuwait Chapter



Bader Al-Hadhami
Dy. Director PDC
ASSP Kuwait Chapter



Mazharuddin Shaikh
Dy. Director GCC Excellence Awards
ASSP Kuwait Chapter



Mustaq Mirza
Head GCC Awards
ASSP Kuwait Chapter



The Team Behind ASSP PDC and GCC Excellence Awards 2026



PDC CORE COMMITTEE



Syed Kahif Vali
Vice president
ASSP Kuwait Chapter



Prabeesh MP
Secretary
ASSP Kuwait Chapter



Muneer Khan
Treasurer
ASSP Kuwait Chapter



Eng. Noor Al Sadi
Hon. Vice President



Eng. Yaser Al Hamad
Hon. Secretary



PDC ORGANIZING COMMITTEE



G Sampath Reddy
Convener, PDC 2026



Sunil N Sadanandan
Convener, PDC 2026



Jignesh Shah
Convener, PDC 2026



Dr. Siva Prasad Penkey
Convener, PDC 2026



The Team Behind ASSP PDC and GCC Excellence Awards 2026



PDC ADVISORY COMMITTEE



Ashok Garlapati
PDC Advisor



Bala Srikanth
PDC Advisor



Safdar Ali Khan
PDC Advisor



Vasudevan Narayan
PDC Advisor



Jahid Thakor
PDC Advisor



Aamir Rasheed
PDC Advisor



Ahmed Ismael
PDC Advisor



Manal Al-Fadhil
PDC Advisor



Dr. Entesar Al-Hendal
PDC Advisor



Sara Akbar
PDC Advisor



Eng. Nadia AlZeabot
PDC Advisor

The Team Behind ASSP PDC and GCC Excellence Awards 2026



PDC COMMITTEE HEADS



*Dr. Ali Al-Hemoud
Head, Technical proceedings
committee*



*Sanjay Jaiswal
Head, Training & Workshop
committee*



*Syed Kashif Vali
Head, Facilitation & Recognition
committee*



*Vijaya Vadhawane
Head, WISE committee*



*Eng. Nadia Khaled Alzeabot
Head, Diversity, Equity & Inclusion
committee*



*Yash Garlapati
Head, Student committee*



*Rajasekar Jayanandhan
Head, Sponsorship & Exhibition
committee*



*Abdul Gani Shah
Head, Venue committee*



*Mohammed Shaikh Maqbul
Head, Social Media
committee*





AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Kuwait Chapter

SAFER PEOPLE.
SAFER WORKPLACES.
A SAFER WORLD.

WORLD OZONE DAY

SEPTEMBER 16

Together for a **healthier**
planet and a **safer tomorrow**



PROTECTS
US FROM
HARMFUL UV RAYS



SUPPORTS
HEALTHY
ECOSYSTEMS



PRESERVES
BIODIVERSITY



BUILDS A
SUSTAINABLE
FUTURE



Let's continue to protect the ozone layer
by choosing sustainable practices,
reducing harmful emissions, and supporting
environmentally responsible solutions.



World Ozone Day Protecting the Shield That Protects Us

World Ozone Day was observed on 16 September, providing an opportunity to reflect on the importance of the ozone layer and our collective responsibility to protect it.

The ozone layer acts as a natural shield around the Earth, absorbing much of the Sun's harmful ultraviolet (UV) radiation. Its protection is essential not only for human health, but also for ecosystems, agriculture and marine life.

The theme of World Ozone Day reminds us that environmental protection and human well-being are closely connected. Increased exposure to harmful UV radiation can contribute to serious health effects, while damage to the ozone layer can have wider consequences for the environment.

A Milestone in Global Environmental Protection

One of the most successful examples of international environmental cooperation is the **Montreal Protocol on Substances that Deplete the Ozone Layer**, adopted in 1987. Through global cooperation and the phase-out of ozone-depleting substances, significant progress has been made in protecting the ozone layer.

This achievement demonstrates what can be accomplished when governments, industries, organizations and individuals work together toward a common environmental goal.

The HSE Perspective

For HSE professionals, ozone protection is also relevant to responsible chemical management, environmental compliance and safe work practices.

In Kuwait's climate, refrigeration and air-conditioning systems are essential across residential, commercial and industrial facilities. Proper equipment maintenance, leak prevention, responsible refrigerant management and compliance with applicable environmental requirements can help reduce environmental impact while improving equipment reliability and energy efficiency.

These practices demonstrate an important principle of HSE: protecting people and protecting the environment should go hand in hand.

Looking Beyond the Day

Although World Ozone Day was observed in September, its message remains relevant throughout the year. Sustainability is not a once-a-year activity; it is an ongoing responsibility that requires awareness, good practices and collective action.

As safety professionals, we have an important role in promoting workplaces where **people, environmental responsibility and sustainability are considered together**.

The progress achieved in protecting the ozone layer demonstrates the power of collective action. Let us continue that commitment through responsible practices, informed decisions and a shared vision for a healthier planet and a safer tomorrow.

Article By: Alex Sam Issac, CertIOSH, MIIRSM, IDip Level 6
(Dy.Head Publication Committee, ASSP Kuwait Chapter)



WORLD MENTAL HEALTH DAY

 **10 OCTOBER**

Embedding Psychological Well-Being into HSE Excellence



HEALTH



MENTAL WELL-BEING



SAFETY



Mental Health is a Fundamental HSE Pillar



Traditional HSE programs focus on physical hazards, yet psychosocial risks — chronic stress, fatigue, isolation, high job demands and low control — significantly impair concentration, lack-making and reaction times. A psychologically strained workforce faces higher incident rates. Integrating mental health into the HSE management system is essential for effective control and sustainable safety performance.



Key Psychosocial Risks in the Workplace

- Excessive workload and time pressure
- Shift work, night work and extended rosters causing sleep disruption
- Lack of social support or poor leadership quality
- Exposure to traumatic events or critical incidents
- Job insecurity and organizational change
- Stigma that prevents people from seeking help



Practical Steps for Strengthening Mental Health within HSE

- 1 Conduct psychosocial risk assessments and integrate into HSE risk registers
- 2 Build visible leadership commitment and psychological safety
- 3 Provide mental health first-aid and supervisor training
- 4 Ensure confidential Employee Assistance Programs and peer support
- 5 Examine psychosocial factors during incident investigations
- 6 Set measurable mental health KPIs and report performance



Protect the mind as we protect the body.

On World Mental Health Day and every day, treat psychological well-being as a core element of every HSE program.

Health • Safety • Environment

Article By: Alex Sam Issac, CertIOSH, MIIRSM, IDip Level 6
(Dy.Head Publication Committee, ASSP Kuwait Chapter)



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HSE Quiz

Quiz prepared By: Alex Sam Issac, CertIOSH, MIIRSM, IDip Level 6
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HSE Quiz: World Ozone Day & Protecting the Ozone Layer

10 Multiple-Choice Questions · Questions 1-5

1. **When is the International Day for the Preservation of the Ozone Layer (World Ozone Day) observed every year?**
 - A) 5 June
 - B) 16 September
 - C) 22 April
 - D) 23 March

2. **What is the primary beneficial role of the stratospheric ozone layer?**
 - A) It absorbs infrared radiation and causes global warming
 - B) It protects life on Earth by absorbing most of the sun's harmful ultraviolet (UV-B) radiation
 - C) It provides oxygen for breathing at high altitudes
 - D) It creates the greenhouse effect

3. **Which of the following groups of man-made chemicals were the main cause of ozone layer depletion?**
 - A) Carbon dioxide and methane
 - B) Chlorofluorocarbons (CFCs), halons, and other ozone-depleting substances (ODS)
 - C) Nitrogen and oxygen
 - D) Sulphur dioxide and nitrogen oxides

4. **The Montreal Protocol (signed in 1987) is an international treaty that aims to:**
 - A) Reduce greenhouse gas emissions from fossil fuels
 - B) Phase out the production and consumption of ozone-depleting substances
 - C) Protect biodiversity in wetlands
 - D) Control plastic pollution in oceans

5. **Approximately what percentage of ozone-depleting substances (ODS) have been phased out globally under the Montreal Protocol?**
 - A) About 50%
 - B) About 75%
 - C) Nearly 99%
 - D) 100%

HSE Quiz: World Ozone Day & Protecting the Ozone Layer

10 Multiple-Choice Questions · Questions 6–10

6. Increased ultraviolet (UV) radiation reaching the Earth's surface due to ozone depletion can lead to which major health effects?

- A) Only temporary sunburn
- B) Higher risk of skin cancer, cataracts, and immune system damage
- C) Improved vitamin D production with no risks
- D) Reduced respiratory illnesses

7. The most severe seasonal "ozone hole" is observed over which region?

- A) Arctic
- B) Antarctica
- C) Equator
- D) Himalayas

8. Thanks to the Montreal Protocol, the ozone layer is expected to recover to pre-1980 levels around:

- A) 2030 for most of the world, mid-century for polar regions
- B) Never
- C) 2100
- D) 2025

9. The Kigali Amendment (2016) to the Montreal Protocol addresses:

- A) Complete ban on all refrigerants
- B) Phase-down of hydrofluorocarbons (HFCs), which are powerful greenhouse gases used as substitutes for ODS
- C) Protection of marine ecosystems only
- D) Reduction of carbon monoxide emissions

10. From an HSE (Health, Safety & Environment) workplace perspective, why is proper management of refrigeration, air-conditioning, and fire-protection equipment important for ozone protection?

- A) These systems often contain or previously used ODS (CFCs, HCFCs, halons) that must be recovered, recycled, or safely disposed of to prevent emissions
- B) They have no connection to ozone depletion
- C) Only new equipment is regulated; old equipment can be freely vented
- D) Ozone-depleting substances are completely harmless in closed systems

HSE Quiz Challenge – Test Your Safety Knowledge!

Think you have what it takes to score 100%?

Submit your answers to this month's HSE Quiz by emailing info@kuwait.assp.org.

Email Submission Requirements

Please include the following details in your email:

- Full Name
- Organization / Company
- Mobile Number
- Answers to the HSE Quiz



Recognition for Excellence

Participants who submit 100% correct answers will be recognised in the next edition of the ASSP Kuwait Chapter Monthly E-Newsletter.

Quiz Answers Last quiz

1	2	3	4	5	6	7	8	9	10	11
C	B	A	C	B	A	C	D	A	C	C

Challenge yourself, showcase your HSE expertise, and earn recognition within the safety community!



Membership Update



ASSP KC List of New and Renewed Membership September 2026



Sl. No	Name	Company
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3	Salil pant	China Oilfield Services Limited
4	Srinivasan Gunaseelan	MECC
5	Shohab Kardar	KOC
6	Aisha Naif	N/A
7	Rameez Chalatti	HEISCO
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