The HSE Updates
ASSE Kuwait Chapter Monthly E-Bulletin

March - 2018

Highlights

- ASSE Safety Day—2018
- ISO 22000:2005 Lead Auditor and RIG PASS (IADC) Training Program
- Interaction meeting with BCSP Representatives
- Leadership Challenges for Women in Oil & Gas Industry”
- Monthly Article—Road Safety
- Member’s Achievement
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ASSE-Kuwait Chapter with the support of Kuwait Oil Company and Raja Trading Company, organized “Safety Open Day 2018” inviting ASSE Members and employees of KOC & its contractors. The event organized in Hubara Assembly Hall of Kuwait Oil Company on 1st February 2018. Around 200 members participated in this event.

The program began with the Opening address by Mr. Sunil N Sadanandan, Chapter Secretary, briefed about the chapter activities. Mr. Ashok Garlapati, Global Region Vice President of ASSE welcomed the participants and explained about the commitment of ASSE Kuwait Chapter in the region to reach its lofty goals. Mr. Aamir Rasheed, Director of ASSE GCC HSE Excellence Award 2018 briefed about the award program. He requested the participants to pass the information to their companies about the award program and expected them to be part of this program by applying for the award.

Mr. Balaji from Raja Trading company introduced participating companies in the event. Mr. Rohit Mirchandani appreciated ASSE Kuwait chapter and its Executive committee members in organizing such event for the benefits of HSE professionals. Later, Mr. Mazharuddin Shaikh, Head of HSE Events Committee introduced the speakers.

There were three professional speakers delivered their presentation on different subjects. Mr. Ziad Hassan, Key Account Leader, 3M presented gave his presentation on “Respiratory protection at the work place, Hearing conversation”.

Mr. Samy El Mardeny, FP Gulf Sales Manager, Capital Safety - 3M gave presentation on “Fall Protection: Introduction, Rescue & Emergency escape”. He has given live demo of an equipment which will be used at confined spaces, to use for work and to use rescue purposes.

Mr. Vivek Rajagopal, Scott Safety Specialist, Scott Safety presented finally on the topic “Confined space best practices in Gas Detection”.

Attendees actively participated in the session and found interesting. The presentations was followed by Question and Answer session. As an Honor of Appreciation, ASSE Kuwait chapter Core Committee along with Global Region Vice President Mr. Ashok Garlapati, handed over mementos to the speakers and the supported company Raja Trading.

The program concluded with close out speech of Mr. Muhammad Alamgir, President of ASSE Kuwait Chapter who thanked the participants and the participating companies for gracing the occasion. He has introduced ASSE Kuwait chapter’s elected committee for the year 2018-19. He thanked the HSE Events committee for the arrangements and distribution of certificates to all the participants.
Glimpses of ASSE Safety Day—2018
American Society of Safety Engineers, (ASSE) Kuwait Chapter organized Food Safety Management System Lead Auditor training program “ISO 22000:2005 Lead Auditor” on 11th to 15th February 2018 at Best Western hotel, Mahboula.

Mr. Jahid Thakor, Treasurer of ASSE Kuwait chapter welcomed the participants. He briefed about the significance of the training seminar and the importance of conducting the training program to help the people get certification in the field of Health, Safety & Environment. Mr. Jahid Thakor thanked the participants for their interest shown towards this program and shared upcoming chapter activities and introduced the trainer.

Mr. Dileep K. Nandikonda from TUV Middle East, Abu Dhabi.

Training Session was held for Five days. Mr. Alamgir, President of ASSE Kuwait & Mr. Adnan Yousaf, Head, Training Committee visited the venue and took feedback from participants on the final day. Sixteen ASSE Members utilized this opportunity.
American Society of Safety Engineers, (ASSE) Kuwait Chapter organized “RIG PASS (IADC) Training” on 8th, 16th & 17th February 2018 at Best Western hotel, Mahboula.

Mr. Aamir Rasheed, Vice President of ASSE Kuwait welcomed the participants. He briefed about the significance of the training seminar and the importance of conducting the training program to help the people get certification in the field of Health, Safety & Environment.

Mr. Adnan Yousaf, Head, Training Committee thanked the participants for their interest shown towards this program and shared upcoming training programs and introduced the trainer. Mr. Khaled Yousry from Wataniya Environmental Services.

Training Session was held for three days. Mr. Adnan Yousaf, Head, Training Committee visited the venue and took feedback from participants on the final day. Forty ASSE Members utilized this opportunity.
ASSE Kuwait organized an interaction meeting with Board of Certified Safety Professionals USA (BCSP) representatives to know more about BCSP certification programs and to get clarifications on the queries from members, on 14th February 2018 at Hotel Best Western, Mahboula, Kuwait.

Mr. Muhammad Alamgir, Chapter President welcomed the BCSP representatives and all the chapter members to the meeting. Mr. Sunil N Sadanandan Chapter Secretary briefed about the chapter events which were conducted and planned.

BCSP Global Representatives, Ms. Erica Poff Director Strategic and Global Relations and Ms. Yassie Dunn BCSP Global Business Development Director and Mr. Ashok Garlapati BCSP Ambassador for Middle East and India briefed about BCSP certification programs to the attendees. Later one to one discussion was held and all the queries raised by the members was answered by them.

A meeting of Women In Safety Engineering (WISE) committee members of the chapter and BCSP representatives was also held separately.

Meeting concluded by Mr. Aamir Rasheed, Vice President with his closing remarks, who thanked BCSP representatives for their presence and all the members for their participation.
“Leadership Challenges for Women in Oil & Gas Industry”

American Society of Safety Engineers (ASSE), Kuwait Chapter as a part of continuous efforts in its professional journey, organized a program in collaboration with Kuwait Oil Company (QHSE Team - MP&TSD), on “Leadership Challenges for Women in Oil & Gas Industry” WISE at KOC Hubbara Center

Ms. Sofia Val Esteban, Head - WISE Committee of ASSE Kuwait Chapter welcomed dignitaries and participants as well as briefed on the event agenda. Mr. Fares Al-Mansouri - Team Leader (QHSE - MP&TSD), Kuwait Oil Company appreciated ASSE Kuwait Chapter for organizing such events and promoting HSE awareness in the region. Mr. Muhammad Alamgir, President of ASSE Kuwait Chapter briefed about the importance of the event and highlighted the activities of ASSE Kuwait Chapter.

The keynote speaker of the event Ms. Sarah Akbar who is a renowned professional and personality in the Oil and Gas industry, both in Kuwait and Internationally. Ms. Sarah Akbar has over 30 years of experience in the O&G industry and worked in several positions in Kuwait Oil Company (‘KOC’) and Kuwait Foreign Petroleum Exploration Company (’KUFPEC’).

In 2005, Ms. Sara’s entrepreneurial interests drove her to be a co-founder in establishing Kuwait Energy, one of the few successful independent Oil and Gas Exploration & Production companies in the Middle East today. In 2017, Sara Akbar was officially elected as a member of the Supreme Council in the Ministry of Planning and Development in Kuwait led by the Prime Minister Sheikh Jaber Mubarak Al-Hamad Al-Sabah, which further contributes to her prominence not only in the Oil & Gas industry, but also as a politically/socially active and conscientious citizen. Ms. Sara was recently named among the top 100 Most Powerful Arab Businesswomen of 2017 by Forbes Middle East and her action earned her the name “firefighter”, and she received the “Global 500 Award” from the United Nations Environmental Program in recognition of her work. Ms. Sarah Akbar currently joined M/s Petrofac International as a Board Member.

Ms. Sarah Akbar delivered the keynote speech on Leadership challenges for Women in Oil & Gas industry where she shared her work experiences and lessons learnt. She spoke about the Middle East environment and Significant operational and project management skills. She encouraged the women professional to act proactively and focus on their career by inheriting the latest technologies in their profession. The key is that they must persevere in their efforts and work to achieve their goals.

Ms. Lucy D. Jean, HSE Manager of M/s Shell Kuwait, shared her life time experience and challenges she faced during her professional career. She emphasized on the women leadership in oil & gas industry.

Dr. Shaikha Al Fajjam, Director - Shuaiba Industrial Medical Center - Ministry of Health, who is a WISE member and former Head of WISE Committee, briefed on the recently organized WISE activities by the ASSE Kuwait Chapter and suggested all the women to lead and actively participate in the ASSE Kuwait Chapter events.

As part of ASSE Kuwait Chapter’s tradition and token of appreciation, mementos were presented to the Distinguished Speakers, Dr. Shaikha Al Fajjam and Guest of Honor. Mr. Aamir Rasheed, Vice President - ASSE Kuwait Chapter in his closing address thanked Ms. Sarah Akbar & Ms. Lucy D. Jean and Mr. Fares Al-Mansouri, WISE & Executive Committee and staff for the support in organizing the event.
Glimpses of the Event
Road Traffic Safety and Defensive Driving

INTRODUCTION
Driving errors or inappropriate traffic behaviour cause most of road traffic accidents. Since all persons driving motor vehicles can control only the motor vehicles they drive, defensive driving habits are very important too.

STATISTICS - GLOBAL
- Road traffic injuries are a leading cause of preventable death

Over 1.2 million people die each year on the world’s roads, with millions more sustaining serious injuries and living with long-term adverse health consequences. Globally, road traffic crashes are a leading cause of death among young people, and the main cause of death among those aged 15–29 years (see Figure 1).

Despite progress, road traffic deaths remain too high

**News release; 19 October 2015 | GENEVA** - Some 1.25 million people die each year as a result of road traffic crashes, according to the WHO’s Global status report on road safety 2015, despite improvements in road safety.

STATISTICS – KUWAIT
Traffic accidents kill 2,366 people in five years in Kuwait – MoI

**KUWAIT, 24 July 20017 (KUNA)** – At least 2,366 people were killed in traffic accidents from 2012 to April, 2017, statistics by Ministry of Interior have revealed.

The number of people killed by traffic accidents respectively, it added.

<table>
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<tr>
<td>2012</td>
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</tr>
<tr>
<td>2013</td>
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<td>424</td>
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<td>2017</td>
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The number of accidents respectively, it noted.

<table>
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<th>Year</th>
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<td>2012</td>
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<tr>
<td>2016</td>
<td>71582</td>
</tr>
<tr>
<td>2017</td>
<td>23529</td>
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</table>

Most traffic accidents and violations were caused by exceeding speed limitations, crossing red signals and talking on mobile phones while driving, the statement pointed out.

The statement urged vehicles drivers to necessarily abide by traffic rules, regulations and signals in order to avoid accidents and keep the safety of people. (end)
DEFENSIVE DRIVING

Defensive driving simply means to drive without having a preventable accident.

The standard Safe Practices for Motor Vehicle Operations, ANSI/ASSE Z15.1, defines defensive driving skills as "driving to save lives, time, and money, in spite of the conditions around you and the actions of others.

Defensive drivers expect the unexpected and are prepared to react correctly to avoid or reduce the severity of road traffic accidents.

Herein some basics to be a Defensive Driver:

General:
- Follow traffic rules and regulations.
- Focus on driving:
  - Avoid distractions.
  - Stay alert.

Responding to the Others:
- Anticipate other drivers’/pedestrians actions.

Reacting to Driving Conditions:
- Respect road speed limit.
- Adjust your driving based on weather conditions.

Your behaviour:
- Don’t follow too closely “Keep safe distance”.
- Observe the rules of right of way.
- Always Scan Your Surroundings
- Never Go on the Offensive.

By: Mr. Ehab Said Elsayed
HSE Engineer, KNPC
American Society of Safety Engineers (ASSE), Kuwait Chapter, is very pleased to announce that Mr. CH. Rama Krushna Chary, has elected for ANSI/ASSE Z390 (Hydrogen Sulfide Training) Accredited standard committee as a member.

He is holding the Bachelor of Technology (B.Tech) in Chemical Engineering from National Institute of Technology (NIT), Warangal and Master of Business Administration (MBA) with more than 16 years of experience in the Oil & Gas, Refinery, Consultancy and Chemical sectors. His experience involved in EMS, Drilling Waste Management, Environmental assessment & Compliance studies, etc., He is a lead auditor for ISO 14001, Internal auditor for ISO 50001, OHSAS 18001 & ISO 9001 and certified H2S Awareness train the trainer.

Apart from his professional service, he has been volunteering American Society of Safety Engineers (ASSE), USA as a Secretary - Environmental Practice Specialty (EPS), ASSE Kuwait Chapter at various positions including President, Secretary and organizing committee member for Chapter International Professional Development Conferences & GCC HSSE Excellence award Programs. Present he is serving Kuwait Chapter as an Advisory Committee member. He is volunteering as a member of ANSI/ASSE Z390 Accredited Standards Committee.

He got…

Distinguished Young Alumni Public Service Award (DYAPSA) 2016 from National Institute of Technology (NIT), Warangal, India Three conjugative years, Kuwait Oil Company (KOC) CEO HSSE Award from 2013 to 2015, Safety Professional of the Year awards 2015, 2016 and 2017 from ASSE Environmental Practice Specialty, USA, Kuwait Chapter and ASSE Region IX respectively. He has presented many technical Papers at various National and International HSE Conferences and also his articles published in national and international magazines.

ASSE Kuwait Chapter takes this opportunity in congratulating Mr. Chary for his achievement. ASSE Kuwait chapter wishes him with much more honors in future.

Contact details:--
Mobile Phone: 00 965 66804449
Email ID: charyrk@gmail.com
## New ASSE Members February 2018

By email through info@assekuwait.org  
For any queries regarding registration and membership feel free to contact  
Mr. Abul Efham at +965 97424595 or Mr. Venkata Ramana Pondla at Mob : +965 55141224

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<td>ABDULRAZAQ AL-NASSAR</td>
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<td>AKTHAR HUSSAIN</td>
<td>ALGHANIM INTERNATIONAL</td>
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<td>3</td>
<td>ANIL KUMAR SINGH</td>
<td>FDHV</td>
</tr>
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<td>ANITHA GARLAPATI</td>
<td>—— —</td>
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<td>5</td>
<td>FAHIM AKHTAR</td>
<td>GS E&amp;C</td>
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<td>6</td>
<td>FAZLUL BARI</td>
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<td>7</td>
<td>JOBY ABRAHAM VARGHESE</td>
<td>AL KARAM AL ARABI</td>
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<td>MAHMOUD MOHAMMED</td>
<td>WATANIYA ENVIRONMENTAL SERVICES CO.</td>
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<td>MOHAMMAD ABDUL SHOHB KARDAR</td>
<td>AL MEER</td>
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<td>MUSTAFA ABDUL HAMEED MOHAMED</td>
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<td>PETER JOSIE</td>
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<td>RAJA SHANMUGAM</td>
<td>KENTECH</td>
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<td>RAVI KALIMUTHU</td>
<td>SYNERGY SOLUTIONS</td>
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<td>KUKJE PLANT</td>
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<td>SHBC</td>
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<td>TAMER HAFEZ</td>
<td>SHELL CANADA / SHELL KUWAIT</td>
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## Renewed ASSE Members February 2018

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<td>ASHOK KUMAR</td>
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<td>02</td>
<td>EHAB SAYED ALSAYED</td>
<td>KNPC</td>
</tr>
<tr>
<td>03</td>
<td>JIGNESH SHAH</td>
<td>KOC</td>
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<tr>
<td>04</td>
<td>KARTHIKEYAN CHANDRASEKAR</td>
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<td>05</td>
<td>MUHAMMAD FAIZAN ALI</td>
<td>COMBINED GROUP COMPANY</td>
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<td>PRADEEP KUMAR PRASANT</td>
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<td>08</td>
<td>SAJJAD HUSSAIN SIDDIQUI</td>
<td>EQUATE PETROCHEMICAL COMPANY</td>
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<td>09</td>
<td>SANTHOSH KUMAR RETHINAM</td>
<td>WORLEY PARSONS</td>
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<td>SAYED EBAD HUSSAIN</td>
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<td>11</td>
<td>SONY THOMAS</td>
<td>KUWAIT OIL COMPANY</td>
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<td>JINENDRA JAIN</td>
<td>AKBAR HSE TRAINING &amp; CONSULTANCY</td>
</tr>
<tr>
<td>15</td>
<td>ZAHIDA FAROOK</td>
<td>KUWAIT OIL COMPANY</td>
</tr>
</tbody>
</table>

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<table>
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<tr>
<th>Job Title / Designation</th>
<th>HSE Engineer, Safety supervisor, HSE Superintendent</th>
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<tbody>
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<tr>
<td><strong>HSE Engineer</strong></td>
<td>6-10 year experience in Oil and gas, petrochemical 4 yr full time degree in engineering. Other additional qualification: CSP, CMIOSH preferred, Certified auditors ISO 9001/OHSAS 18001, Certified training on QRA/HAZOP</td>
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<tr>
<td><strong>Safety Supervisor</strong></td>
<td>3-5 year experience Oil and gas, 3 yr full time diploma in engineering Or science graduate</td>
</tr>
<tr>
<td><strong>HSE Superintendent</strong></td>
<td>10+ year experience in Oil and gas, petrochemical 4 yr full time degree in engineering. Other additional qualification: CSP, CMIOSH preferred, Certified auditors ISO 9001/OHSAS 18001, Certified training on QRA/HAZOP</td>
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<td><strong>Company</strong></td>
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<td><strong>Advertisement Date</strong></td>
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<td><strong>Submission Deadline</strong></td>
<td>Within 3 Weeks</td>
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<tr>
<td><strong>Contact Info</strong></td>
<td><a href="mailto:ealkatheri@tshjv.com">ealkatheri@tshjv.com</a>,  Mrs  Emal Al Kadari</td>
</tr>
</tbody>
</table>

**Disclaimer:** ASSE Kuwait chapter role is to inform about the HSE related job opportunities, any potential applicant shall personally verify about the authenticity of these advertisements. ASSE Kuwait chapter shall not be held responsible for any discrepancies in the information shared above.
HSE Quiz for the Month February 2018

Q1. An insured direct cost of an accident in the workplace could be..........
   A. The absence of employees due to the accident
   B. Any increases in insurance premiums resulting from the accident
   C. Product or process liability claims
   D. First aid provision and training

Q2. Which of the following is not an occupational health and safety management system?
   A. HSG65
   B. ISO 14001
   C. OHSAS 18001:2007
   D. ILO-OSH 2001

Q3. If a safety sign is coloured blue, this means that...
   A. The specified behaviour is prohibited
   B. A specific course of action must be taken.
   C. A warning is given of a specific hazard.
   D. The sign is providing information about safe conditions

Q4. A good manual lifting technique for lifting a load from the floor includes:
   A. Keeping the feet together and bending the knees
   B. Keeping the feet together and bending the back
   C. Keeping the feet apart and bending the knees
   D. Keeping the feet apart and bending the back

Q5. Which of the following machine hazards are mechanical hazards?
   A. Noise
   B. Entanglement
   C. Radiation
   D. Electricity

Q6. What is the prime function of an electric fuse?
   A. To protect against electric shock.
   B. To reduce electricity costs.
   C. To protect equipment from overload.
   D. To ensure that the equipment is properly earthed.

Q7. A small fire breaks out in some electrical equipment. Which is the best type of fire extinguisher to use to minimise damage to the equipment?
   A. Foam
   B. Water
   C. Carbon Dioxide
   D. Powder
HSE Quiz for the Month February 2018

Q8. What is respirable dust?
   A. A fine dust that is normally trapped in the nasal passages
   B. A fine dust that can easily be exhaled
   C. A fine dust that lodges at the entrance to the lungs
   D. A fine dust that penetrates deep into the lungs and stays there

Q9. If a substance is corrosive and there is possibility of eye contact, an eyewash must be located within:
   A. 25 Feet
   B. 50 Feet
   C. 100 Feet
   D. 200 Feet

Q10. When conducting an accident investigation you should:
   A. Conduct an accident investigation as soon as possible.
   B. Document as much as possible through note taking, pictures, and interviewing.
   C. Interview witnesses with open ended questions.
   D. All of the above.

Answers of the Quiz should be sent to info@assekuwait.org before 15th April 2018

Note: Maximum three winners shall be issued a certificate by ASSE Kuwait Chapter. Names of the winners and Quiz answers will be published in next Monthly e-Bulletin.

HSE Quiz Answer of January 2018 :


Professional Development Committee
Dear Members,

As part of our continuous efforts to enhance HSE information sharing and to provide an opportunity for ASSE KC members to publish their HSE achievements in ASSE KC e-Bulletin, you are kindly requested to share the following information with us at below given details:

1. HSE Awards received
2. Technical papers which are presented in National and International conferences
3. Best Available HSE Technology details
4. HSE significant achievements
5. Obtaining HSE Certifications like CSP, QEP, CIH, CRSP, IDipNEBOSH, CMIOSH, etc.
6. Other details

All the above mentioned details will be published in ASSE Kuwait Chapter Newsletters. Please submit your articles in accordance to the following conditions.

1. The article shall be of a write up of Size A4 paper including pictures & photos if any.
2. The article shall be purely related to Health, Safety & Environment and shall not be of in nature of defaming any individual or organization.
3. The article shall be self-drafted and presented.
4. Thought and views presented shall be backed with the references.
5. A small self-introduction shall be given at the bottom of maximum 4 lines.
6. ASSE Kuwait Chapter reserves full rights to accept or reject for publishing the article in the magazines.
7. ASSE Kuwait Chapter shall not take the responsibility of the contents of the articles. Your article should reach to the following email ids, if your article accepted then it will be published in immediate next e-Bulletin.

info@assekuwait.org
rnp200826@yahoo.com

All are requested to make use of this opportunity and share HSE knowledge to our colleagues.

Regards,

Publication Committee
ASSE—KC Event in Local Media

**ASSE ‘Lead Auditor’ training program**

As part of its commitment to advancing knowledge and promoting excellence in Safety, Health, and Environment, the ASSE Kuwait Chapter organized a comprehensive training program on **ISO 22000:2005 Lead Auditor**. The event was conducted on 11th to 15th February 2018 at Best Western Hotel, Mahboula.

The ASSE Kuwait Chapter, led by President Mr. Fadhil Al Ai, is a non-profit organization that focuses on promoting quality training and consultation in the field of Health, Safety, and Environment across different sectors in Kuwait. The primary objective of this program was to equip participants with the skills and knowledge necessary to effectively conduct audits and contribute to the improvement of safety and environmental practices.

Jahid Thaker, Treasurer of ASSE Kuwait chapter, welcomed the participants and highlighted the significance of the training seminar and the importance of conducting such programs to support the professional growth of the attendees.

**ASSE Kuwait Chapter**

For more details, visit www.assekw.com.
Our Sponsors

Chapter Partner

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HSE Update

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ASSE Kuwait Chapter
Reliance Worldwide Catering Company W.L.L.
Onshore & Offshore Catering & Remote Hospitality Services

FACT SHEET

Who We Are

- Leading regional Industrial Hospitality Service Company (Branded Trade-Mark Registered)
- Established by diverse business organizations, one of the very first trading & industrial houses
- A well-recognized and highlighted entity with (CSR) dedication and service geared proactively
- Skillful team, intact management & supervision which is key of excellence
- Reliance adds to its strong structure multinational branded Food & Beverage own materials
- Power to supply from “FARM TO FORK”, which surpass competitive added values
- Well merited Service Company, recognized by official & international clients
- Manufacturing of industrial equipment, strategic alliance for turnkey projects competency

What Do We Do:

- Specialized Remote Catering, Life-Support, Laundry & Housekeeping Service provider
- Core provider to Upstream – Midstream and Downstream Fields Hospitality Service needs
- Modern Facilities & Equipment “STAND-ALONE” at the heart of UPSTREAM/INDUSTRIAL zones
- Operation Support combined with exclusive Live Tracking Innovative System
- Logistics & Fleet service capabilities from camp to camp in the region

Our Full-Fledged Services from Reliable Sources, all from Under One Umbrella:

- Producing thousands of multiple meals on daily basis
- Multinational recipes, for healthy bodies at work environment in “HOME AWAY FROM HOME” style
- Executive outdoor and indoor dining with specialized menus with creative themes for all occasions
- Staff dining (balanced and nutritional) Brain – Body – Soul
- All remote camps (onshore & offshore)
- Mass catering and temperature controlled packed meals (Biodegradable – FDA Compliance & Calibration)
- Guest houses and live cooking stations
- Catering service menus and rotational daily planners (Breakfast - Lunch – Dinner – Midnight)
- Health, nutrition, hygiene and high safety control management

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