

# ASSP-KC CONSOLIDATED E-NEWSLETTER SEPTEMBER TO NOVEMBER 2023



AMERICAN SOCIETY OF  
SAFETY PROFESSIONALS

Contact us:

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Website: [kuwait.assp.org](http://kuwait.assp.org)

*Working Together for a Safer, Stronger Future.*



 YouTube





ASSP Kuwait Chapter is delighted to have been awarded ISO 9001:2015 certification, an internationally recognized standard that ensures their products and services meet the needs of customers through an effective quality management system.

ASSP Kuwait Chapter decision to work towards ISO 9001:2015 accreditation demonstrates their commitment to continually improving their services. To become ISO 9001:2015 compliant, the ASSP Kuwait Chapter team who are based in the state of Kuwait, underwent an extensive audit that measures key performance indicators like Quality management system development, a management system documentation review, pre-audit, initial assessment, and clearance of non-conformances.

ISO is one of the most rigorous and well-regarded standards in the world. American Society of Safety Professionals, (ASSP) Kuwait Chapter were audited by TÜV Nord and renewed the ISO 9001 September 2023.





Eng. Fadhel Al Ali  
Chairman

## Honorary Members 2023-2024



Bader Mubarak Al-Hadhrani  
Honorary Vice President  
(Legal Affairs)



Ahmad Eissa Al-Shatti  
Honorary General Secretary  
(Govt. Affairs)

## Elected Members 2023-2024



Safdar Ali Khan  
President



Abul Efram  
Vice President



Mohamed A. Yusuff  
Secretary



Syed Kashif Vali  
Treasurer





**Dr. Shaikha Alfajjam**  
WISE



**Lafi Al Fehaid**  
Former President



**Ahmad Alattar**  
Former President



**Tariq Al Aslawi**  
Former President



**Ashok Garlapati**  
Former President



**Aamir Rasheed**  
Former President



**Sunil Sadanandan**  
Former President



**Jaheed Thakor**  
Former President



**Mazharuddin R Shaikh**  
Former President

## REGION IX LEADERS



**Vasudevan Narayan, CSP, ASSP**  
Global Region Vice President, Region IX



**Golamari Sampath Reddy, CSP, CMIOH,**  
Area-1 Director, ASSP, Region IX





# STRATEGIC AND TECHNICAL ADVISORS COMMITTEE



**Mr. Mohammad K S Mohiuddeen**  
Former President



**CH. Rama Krushna Chary**  
Former President



**Mohammed Alamgir**  
Former President

## MENTORS



**Ujwal Ritwik**  
Former President



**Sanjay Jaiswal**  
Former Secretary



**Adivi Bala Srikanth**  
Former  
Committee Head



**Mohammed Riyaz Shareef**  
Former President



**Arshad Ali**  
Former Committee Head



**Dr. Ibrahim Magdy**  
Committee Mentor



**Zaheeda Bee Farooq**  
Former Member WISE  
Committee



**Jignesh Shah**  
Former PDC  
Committee Head



**Hani Al Khatib**  
Former Student  
Committee Head



**Adnan Yousaf**  
Former Tech Dev  
Committee Head





ASSP KUWAIT CHAPTER RECOGNIZED 8<sup>th</sup> TIME IN A ROW WITH THE PRESTIGIOUS PLATINUM LEVEL AWARD FOR TERM 2022-2023



AMERICAN SOCIETY OF SAFETY PROFESSIONALS

## CHAPTER RECOGNITION AWARD PLATINUM LEVEL 2022-2023

THIS CERTIFICATE IS PROUDLY PRESENTED TO:

**KUWAIT CHAPTER**

For meeting rigorous standards of excellence in providing outstanding service to ASSP members.

June 30, 2023

Date

*Christine M. Sullivan*

Signature





## ASSP KUWAIT CHAPTER HIGHLIGHTS FOR AUGUST, SEPTEMBER AND OCTOBER 2023

- ❖ ASSP-KC GCC HSE Excellence Award Launching
- ❖ Executive Committee Meeting – No.214
- ❖ Commemoration of Ozone Day
- ❖ Rock the Walk Challenge
- ❖ PSM Technical Meet No.27
- ❖ Safety in Education Awareness Campaign
- ❖ Safety Professional of the Year Award
- ❖ ASSP-KC Blood Donation Campaign
- ❖ Executive Committee Meeting – No.215
- ❖ World Heart Day Awareness
- ❖ ISO 45001 Training
- ❖ PSM Technical Meet No.28
- ❖ Upcoming Events
- ❖ ASSP Presents Safety Alert
- ❖ Knowledge Check
- ❖ Member Achievements
- ❖ ASSP Toastmasters Club
- ❖ Membership Update





AMERICAN SOCIETY OF SAFETY PROFESSIONALS

# ASSP-KC GCC EXCELLENCE AWARDS



## AMERICAN SOCIETY OF SAFETY PROFESSIONALS

KUWAIT CHAPTER

الجمعية الأمريكية لـ محترفي السلامة

Chapter Affiliation with Kuwait Society of Engineers



[kuwait.assp.org](http://kuwait.assp.org)



YOU PERFORM... WE RECOGNISE...

Under the Patronage



Kuwait Petroleum Corporation and subsidiaries | مؤسسة البترول الكويتية وشركاتها

Knowledge Partner



Supported By



WSHA Asia  
WORLD OF SAFETY & HEALTH ASIA

Brochure can be accessed here [GCC HSE Excellence Award Brochure](#)

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During the EC No.214 on 3<sup>rd</sup> August 2023, Chairman Eng. Mr. Fadhel Al Ali congratulated the team 2023-24 for taking lead to support the chapter. Meeting was used as an opportunity to launch the ASSP-KC GCC HSE Excellence Awards. In our next flagship event, 11th ASSP GCC HSE Excellence Award 2020, Mr. Faris Al-Mansouri, Team Leader, QHSE (MP&TSD), Kuwait Oil Company will lead the event as Director & Mr. Mustak Mirza, QHSE team, Kuwait Oil Company, as Deputy Director for ASSP GCC HSE Excellence Award 2020. During the event Mr. Mustak Mirza presented the goals and objectives for the HSE excellence award and briefly described the various awards the company can apply for.



The first Executive Committee Meeting for the term 2023-2024 was held on 3rd August 2023 at Hotel Safir, Fintas to discuss the chapter activities. Chapter's Secretary Mr. Mohamed Yusuff welcomed the gathering and highlighted the activities to be conducted in the month of August by all the committee as per their plan. In the absence of Treasurer, he took the lead to present the financial statement.

President Mr. Safdar Khan thanked all committees for putting efforts and welcomed the two new committees to the term 2023-2024 (ISO Implementation & Management Committee & Mega Events Committee). He requested all committees to continue with the same spirit till the end of the term. He welcomed all members to the first EC meeting and thanked everyone for their continuous support and commitment to organizing chapter activities.

Chairman Eng. Mr. Fadhel Al Ali congratulated the team 2023-24 for taking lead to support the chapter. Chapter executive Mr. Ramana introduced all the committees and described their plans to the meeting attendees. Meeting was used as an opportunity to launch the ASSP-KC GCC HSE Excellence Awards. The executive committee discussed the yearlong plans to serve the HSE professionals and the community which is the ultimate goal of the organization.





**World Ozone Day**

Date	September 16, 2023
Theme	<b>"Montreal Protocol: Fixing the Ozone Layer and reducing climate change"</b>
Significance	Raise awareness about ozone depletion and its environmental impact.
History	Commemorates the Montreal Protocol's adoption in 1987.
Importance	Emphasizes the need to protect the ozone layer for a healthier planet.
Key Facts	Ozone layer absorbs 98% of the Sun's UV rays; CFCs harm the ozone layer; the Antarctic ozone hole; Montreal Protocol in 1989.

**Meeting Chat**

<https://kuwait.assp.org/join-2/>

Abdul Qayyum to Everyone 7:02 PM

"ASSP - Kuwait Chapter's GCC HSE Excellence Award 2023" Detail can be found at this link - <https://kuwait.assp.org/award-s-scheme/>. If you would like to know more about the Award Scheme then **contact** at - +965 66939381 or you can email at "info@kuwait.assp.org" or "contact@kuwait.assp.org"

You to Everyone 7:03 PM

To: Everyone

Type message here...

As part of our continuous efforts to enhance the awareness on World recognized HSE events and to spread the HSE updates which will protect people, property, and Environment, ASSP Kuwait Chapter commemorated the International Day for the Preservation of the Ozone Layer with the theme provided by UNEP for Ozone Day 2023: Montreal Protocol - "Fixing the Ozone Layer and Reducing Climate Change."

The event organized on 27th September 2023 where the imminent speaker Dr. K Murugan, Principal (Rtd) Govt. Arts College, Kerala has given an extensive presentation on Responsibility to protect "Ozone layer" - for Future Generations





# ROCK THE WALK

"STEPS CHALLENGE"

**Date of Participation:**

**Start Date - 3 November 2023**

**End Date of Participation:**

**End Date - 30 November 2023**

## Who Can Participate ?

All Kuwait ASSP Chapter Members.

**Mode of Participation :** Virtual, from the comfort of your routine.

**Purpose and Vision of this Programme :** Encourage active lifestyle, promote health & wellness among members.

## How to Participate

### Category-1

Upto 60 Years of Age

Screenshot your Health App or Smartwatch daily step count.

### Category-2

61 and above years of Age

Step up and aim for atleast 3000 steps daily.

[https://docs.google.com/forms/d/e/1FAIpQLSdgl7GPWsaGmPkg2mj3DfjmYuB2hsQ\\_wNFxZoYlb875\\_xNhKQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdgl7GPWsaGmPkg2mj3DfjmYuB2hsQ_wNFxZoYlb875_xNhKQ/viewform?usp=sf_link)

## Required App

Use any health tracking app or smartwatch that records your daily step count.

## Participants Will Get

First Congratulations you are promoting your health!

**Biweekly Recognition :** Top 3 participants with the highest weekly steps.

**Monthly Overall Recognition :** Top 3 participants with the highest steps at the end of the month.

## How the Result Will Be Finalised

Based on highest verified steps shared during the specified periods. The week is counted from Friday to Thursday. Members shall submit the Data of the week by 22:00 HRS on Thursday. The event committee will evaluate the data submitted and the winners will be announced.

Organized by ASSP Kuwait HSE event committee

For more information contact ASSP Kuwait HSE event committee

All the Best!





## 12 Benefits of Walking

Lose Weight

Improves Mood

Healthy Heart

Increased Energy

Increase  
Self-Esteem

Decrease chance  
of injuries

Tones Muscles

Low Impact

Increases  
Metabolism

Reduce risk of High  
Blood Pressure

Reduces Stress

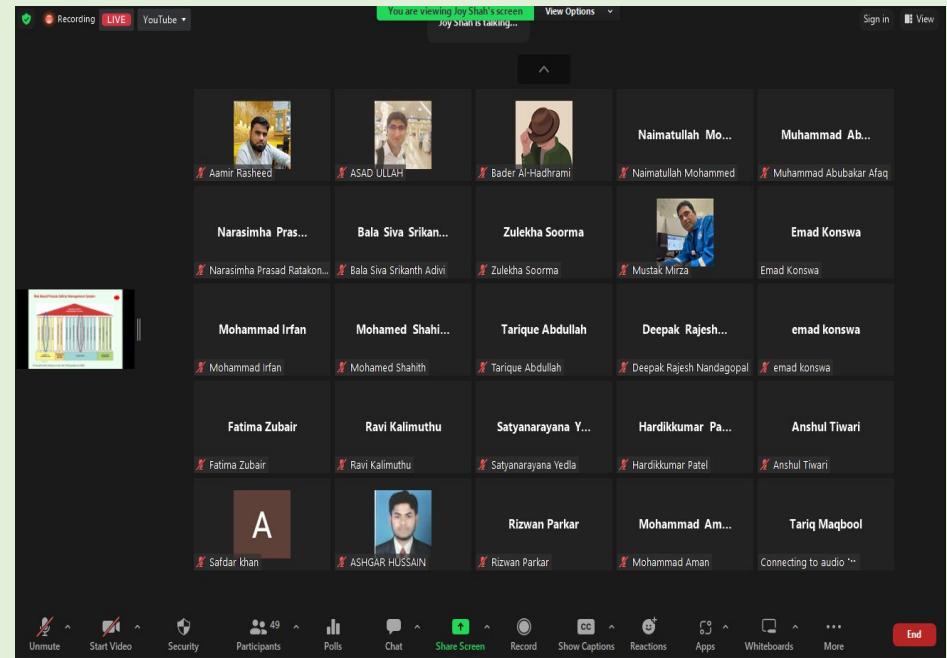
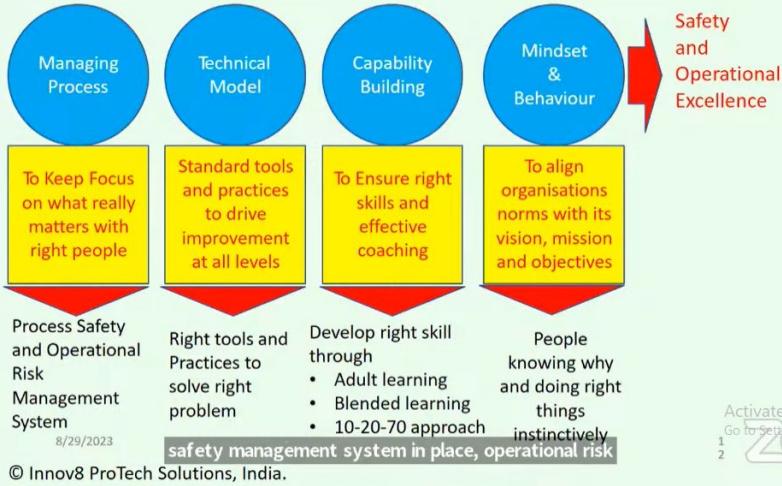
Strengthens  
Bones/Joints

**ROCK  
THE WALK**

“STEPS CHALLENGE”

ORGANIZED BY ASSP KUWAIT, HSE EVENTS COMMITTEE  
DO MESSAGE:- 65093375 FOR FURTHER INFORMATION

### Integrated Approach for Safety and Risk Management



ASSP-KC Process Safety Management (PSM) Forum's PSM Technical Meet held on 29<sup>th</sup> August 2023 titled "**Process Safety Competency**" presented by Mr. Joy M. Shah, Former Vice President and Technical head at Reliance Industries Limited. There were 60 participants attended from 7 countries



**AMERICAN SOCIETY OF SAFETY PROFESSIONALS**  
**KUWAIT CHAPTER**, Working together for a Safer, Stronger Future  
 الجمعية الأمريكية الاحترافية للسلامة

**Awareness Campaign - Safety in Educational Environment**  
 by ASSP-KC, WISE & Student Committee

We invite everyone to join us in this endeavor, as we embark on this journey to promote safety within educational environments and schools, we are excited to join hands with like-minded organizations and individuals who share our commitment to creating a secure and nurturing atmosphere for our future leaders

**CAMPAIGN IS ORGANIZED UNDER THE LEADERSHIP OF**

**Eng. Hanan Almohammad**  
 WISE Committee Head (ASSP-KC)

**Eng. Noor Alsadi**  
 Student Committee Head (ASSP-KC)

Title: Safety in Educational Environment  
 Date: 15<sup>th</sup> & 16<sup>th</sup> Sep 2023 (Fri & Sat)  
 Time: 10:00 am to 8:00 pm  
 Venue: Avenues Mall (Zone 1, Phase 1), Kuwait

info@kuwait.assp.org      kuwait.assp.org

ASSP Kuwait chapter's WISE committee, in collaboration with the ASSP-KC Student Committee, actively participated in an awareness campaign which was organized by the Kuwaiti Society of Engineers (KSE) on 15<sup>th</sup> & 16<sup>th</sup> September 2023 at Avenues Mall. The awareness campaign focused on educating the students and families visiting the mall on important topics of ergonomics and safety habits in the educational environment.



## ASSP Kuwait Chapter's Safety Professional of the year 2023

Winner of ASSP KUWAIT CHAPTER SPY AWARD 2023



Mazharuddin R Shaikh



ASSP - KC SPY 2023

American Society of Safety Professionals – Kuwait Chapter Safety Professional of the Year Award for 2023 was awarded to Mr. Mazharuddin R. Shaikh. The award will presented to Mr. Mazharuddin Shaikh during the ASSP GCC HSE Excellence Awards 2023 ceremony which will be held on 18<sup>th</sup> December 2023 at Hilton Resort Kuwait.



The American Society of Safety Professionals (ASSP) hosted a blood donation drive at the Adan Blood Transfusion Center on October 20, 2023, between 13:00 and 16:00 hours. The ASSP Outreach committee carries out an annual blood donation campaign as part of its broader outreach committee program. This year's event was a collaborative effort with EFS Services Company, with active participation from EFS employees, including Mr. Wael Abed, AGM Operations, and Mr. Roopan Rajendran, HSEQ Officer, as part of their social responsibility initiative.

The campaign was formally inaugurated by Mr. Samiullah Pathan Kan, Deputy Head of the Outreach and Government Affairs Committee of ASSP. Over 35 donors from both EFS and ASSP came forward to donate their blood, making a valuable contribution to this noble cause. To recognize their generosity and selflessness, donors were awarded appreciation certificates and provided with refreshments.

Mr. Abul Eham, Vice President of ASSP, expressed his gratitude to the Adan Blood Bank staff, blood donors, and Outreach committee members in a vote of thanks. The event was coordinated by Mr. Balvant Singh, Head of the Outreach and Government Affairs Committee.





The second Executive Committee Meeting for the term 2023-2024 was held on 4<sup>th</sup> October 2023 at Hotel Best Western Plus, Mahboula, Kuwait. Participants were Chairman, Advisory Committee members, EC Core Committee, Committee Heads, Strategic Committee Members, Chapter Mentors, and Dy. Director of GCC awards.



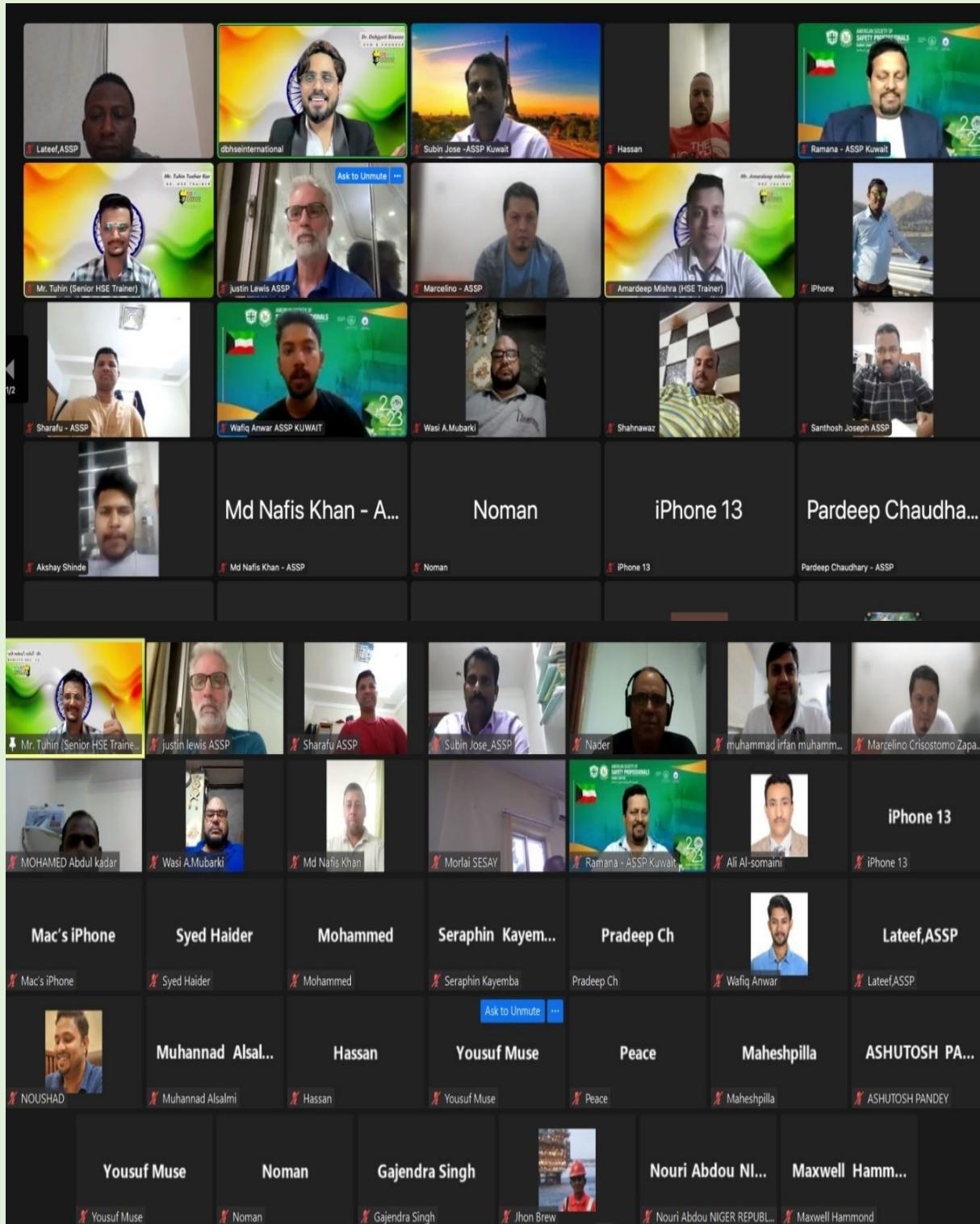


The Health, Safety, and Environment (HSE) Events Committee of the American Society of Safety Professionals (ASSP), in collaboration with the Shuaiba Industrial Medical Center in Kuwait, organized a notable event on World Heart Day. Approximately 50 participants gathered at Hotel Kohinoor in Fahaheel, Kuwait, on 1st October 2023.

The event featured a captivating interactive presentation by Dr. Seema Malik on the topic of “Lifestyle Modifications for the Prevention of Heart Diseases” Dr. Seema’s presentation kept the audience engaged throughout.

Quiz winners were recognized and received gifts, while Dr. Seema Malik was honored with a token of appreciation by the Core Committee of the ASSP Kuwait chapter for her valuable contribution.





ASSP Kuwait Chapter in collaboration with DB HSE International, India organized an online 5 days training program “ISO 45001:2018 Lead Auditor Course” from 8th to 12th October 2023. Around 40 participants from around the globe took this opportunity to be certified lead auditors in ISO:45001.





PSM Tech Meet "Behind the Scenes of a Tragic Incident: Cryogenic Gas Plant Explosion"

### Natural Gas Extraction - Fractionation Facility

**Plant Design: 180 MMCF/Day**  
(Design For Maximum Efficiency)

**Maximum Throughput: 200 MMCF/Day**

**Propane: 225,000 gallons**  
**N-Butane: 70,000 gallons**  
**Iso-Butane: 45,000 gallons**  
**Gasoline: 90,000 gallons**



## PSM Technical Meet

Behind the Scenes of a Tragic Incident: PSM Neglect and the Cryogenic Gas Plant Explosion

Date: 31<sup>st</sup> October 2023 (Tuesday)  
 Time: 6:30 pm to 8:00 pm – Kuwait Time (GMT+3:00)  
 Venue: Zoom Online Platform

**SPECIAL NOTES**  
 A CERTIFICATE OF PARTICIPATION will be provided to the attendees who participate in the Quiz and provides feedback on the event.

**Mr. John Munno**  
 Director of Energy risk engineer  
 Arthur J. Gallagher and Co.  
 USA

Interested members can register in advance

## PSM Technical Meet "Behind the Scenes of a Tragic Incident: PSM Neglect and the Cryogenic Gas Plant Explosion"

ASSP Kuwait chapter's PSM Committee organized a PSM Technical Meet titled "Behind the Scenes of a Tragic Incident: PSM Neglect and the Cryogenic Gas Plant Explosion" on 31<sup>st</sup> October 2023.

The presenter Mr. John Munno, Director of Energy Engineering at Arthur J. Gallager & Co, USA given insights of the topic where 65 participants attended from 7 countries







**AMERICAN SOCIETY OF SAFETY PROFESSIONALS**  
KUWAIT CHAPTER  
الجمعية الأمريكية لـحرفتي السلامة  
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## Technical Meet on World Soil Day "Green Desert, Better Environment"

Dear Members,

As a part of ASSP Kuwait Chapter's continuous efforts to bring learning opportunities and the latest developments in the field of Health, Safety & Environment (HSE), Chapter is organizing training programs, technical meets, Process Safety technical sessions, Professional & Career development opportunities...etc for its members and society. The HSE Events Committee of the ASSP Kuwait Chapter (ASSP-KC) organizing one more valuable session on World Soil Day as follows:

World Soil Day is an annual event that serves as a platform to promote the significance of soil in supporting life on Earth. It aims to educate individuals and communities about the essential roles that soil plays in agriculture, food security, biodiversity, climate regulation, and more.

World Soil Day is observed on December 5th each year. World Soil Day was officially designated by the United Nations General Assembly in 2013 to raise awareness about the significance of soil as a vital resource. It has since become an annual event to promote soil conservation and sustainable land management.

The day aims to emphasize the essential role of soil in providing food, supporting ecosystems, and mitigating climate change, as well as the need for responsible soil stewardship.

### PROGRAM DETAILS

Title: **Technical meet on World Soil Day "Green Desert, Better Environment."**  
Date: 5<sup>th</sup> December 2023 (Tuesday)  
Timing: 7:00 pm to 8:30 pm Kuwait Time (GMT+3:00)  
Media: ZOOM Meeting (Online)



Register here:

[https://us02web.zoom.us/meeting/register/tZcrf-msgTM\\_RibhPICm\\_PcdHmnZ59MWIE#/registration](https://us02web.zoom.us/meeting/register/tZcrf-msgTM_RibhPICm_PcdHmnZ59MWIE#/registration)

### PROGRAM AGENDA

Time	Activity	Managed by
18:45 Hrs	ZOOM meeting opens	Moderator
19:00	Opening Address	Secretary, ASSP-KC
19:03	President Address	President, ASSP-KC
19:06	Briefing of Chapter Activities	Secretary, ASSP-KC
19:11	Significance of World Soil Day & Speaker's introduction	Head of HSE Events Committee, ASSP-KC
19:15	Technical presentation on World Soil Day "Green Desert, Better Environment"	Presented by Ms. Aisha Al-Baroud, Senior Environmentalist, Kuwait Oil Company
19:50	Questions & Answers	Participants & Speaker
20:00	Quiz competition on Kahoot	Head of HSE Events Committee, ASSP-KC
20:25	Felicitations	Core Committee, ASSP-KC
20:30 Hrs	Closing Address	Vice President, ASSP-KC

### SPEAKER



**Ms. Aisha Al-Baroud** - Senior Environmentalist has seventeen years of experience in the environmental field section, and started working in Kuwait Oil Company with Soil Remediation Group in 2012. Ms. Albaroud earned BSc in Chemical Engineering and a Master's degree in Chemical Engineering-Environment Field (Kuwait University). Moreover, Ms. Aisha earned the Honorary Doctorate (Ph.D. Honoris Causa) in Environmental Engineering, awarded by the International Agency for Standards and Ratings. Additionally, Ms. Al-baroud was certified in NEBOSH (National Examination Board in Occupational safety and Health) - Environmental Management. She published and presented 40 technical papers in environment fields, which includes soil remediation, air pollution, environment software, unexploded ordnance, risk assessment & ecological monitoring, revegetation, renewable energy, and ground water pollution at several International Conferences, and Journals. In addition, Ms. Albaroud was involved in several Book publications and recently, she released KERF-KOC Journey Book. Last but not least, SE. Aisha obtained multiple awards within Kuwait Oil Company including the 1st Place Winner of the HSSE-CV Award, and the Best HSE Performer Award.

### REGISTRATION

Interested members can register for the event on or before **4<sup>th</sup> December 2023**

**Note:** All participants will get a **CERTIFICATE OF PARTICIPATION**. But, participation in the online quiz & Feedback on the event is mandatory to receive the certificate.

REGISTER NOW





## AMERICAN SOCIETY OF SAFETY PROFESSIONALS

KUWAIT CHAPTER

الجمعية الأمريكية لاحترفي السلامة  
ISO 9001 CERTIFIED

### Preparatory Training on NEBOSH HSE Certificate in Process Safety Management (PSM)

Dear Members,

As part of society's continuous efforts to bring learning opportunities and latest developments for our members in the field of HSE, ASSP Kuwait Chapter's PSM Committee in collaboration with the approved training provider ABACUS INTERNATIONAL is pleased to announce the **NEBOSH HSE Certificate in Process Safety Management** Preparatory training program.

#### PROGRAM DETAILS

Title:	NEBOSH HSE Certificate in Process Safety Management (PSM) - Preparatory Training	
No. of Days:	4 days (2 Fridays & 2 Saturdays)	
Dates & Timings:	8 <sup>th</sup> , 9 <sup>th</sup> , 15 <sup>th</sup> & 16 <sup>th</sup> December 2023 - 9:00 am to 2:00 pm	
Course Fees:	KD 190 (For ASSP members)	KD 230 (For Non ASSP Members)
	<b>This price is inclusive of NEBOSH PSM Examination and training material.</b>	
Venue:	Hotel in Kuwait	

#### COURSE OVERVIEW:

The NEBOSH HSE Certificate in Process Safety Management is designed specifically for those with safety responsibilities in the process industry, such as oil and gas, chemicals, plastics and pharmaceuticals. The course has been developed through a collaboration between the NEBOSH and the Health and Safety Executive (HSE) the UK's Health & safety Regulator.

This NEW specialist qualification aims to provide holders with the knowledge and understanding of Process Safety Management to ensure that they can contribute to the effective management of process safety risks.

This course is suitable for people all around the world who work in process industries such as oil and gas, chemicals, plastics and pharmaceuticals. Given the hazardous nature of these industries, this qualification has been designed to give specialist knowledge and understanding to Managers, supervisors and safety professionals.

#### TRAINER & FACILITATOR'S PROFILE

##### TRAINER

Mr. Aamir Rasheed

Mr. Aamir Rasheed is a Chartered Safety & Health Practitioner (CMIOSH), Certified Safety Manager (CSM), Lead Auditor & Tutor for ISO 9001, 14001 and 45001, Full Member of IIRSM UK, Lead Tutor for NEBOSH, IOSH, HABC & O-ITM (Level 6, NVQ & Idip), as well as obtained many International HSE certifications. Mr. Aamir is a Mechanical Engineer and poses more than 18 years of experience in Oil & Gas, Petrochemical and Construction Industries.



##### FACILITATOR:

Mr. Arshad Ayub Shaik is working for Technip Energies as a Lead Technical Safety Engineer. Prior to this, he worked as a Safety Engineer for Kuwait Oil Company (KOC), Process Safety Engineer for leading consulting companies and conducted more than 100 PHAs including software modelling in different sectors. He worked for reputed organizations such as KOC, KNPC, KGOC, PIC, ONGC India, IOCL, DCW, IAL, AMEC Foster Wheeler, Fluor, Petrofac, Saipem, Mott Macdonald and L&T in different countries of Europe, Middle East, Africa and India.

##### Academic Achievements:

- Post Graduated in Petroleum Engineering from IIT Madras.
- Gold medalist in Chemical Engineering (B. Tech).
- Presented a paper in Marry Kay O' Conner Process Safety Centre titled "Risk Assessment: A tool for Control room sitting" in Texas A&M University, USA

#### WHO SHOULD ATTEND

- The NEBOSH HSE Certificate in Process Safety Management is a technical qualification. There are no specific entry requirements but the course does assume a certain level of knowledge.
- Health and Safety Knowledge: This course assumes those taking the course will have a good understanding of general health and safety. It is therefore highly
- recommended that students hold the NEBOSH International General Certificate or equivalent before studying the NEBOSH HSE Certificate in Process Safety Management.

#### EXAMINATION

- Students are assessed by a 90 minutes 40 questions multiple choice examination.
- There is no practical element to this qualification.
- Online Examination will be conducted by NEBOSH on 24<sup>th</sup> January 2024 (Wednesday).

#### REGISTRATION

Register here:

<https://docs.google.com/forms/d/e/1FAIpQLSdwgn9raitbxG9Og0gIP654Pmd0IsBYD1Talt3lQ1zitgss7w/viewform>





Whether a new employee or a 20-year veteran, drops can happen to anyone. Gravity does not discriminate. Just because it has not happened yet is no reason to think it will not happen. In fact, the most serious nuclear threat in U.S. history was the result of a dropped object.

In 1980, an airman performing maintenance on a Titan II missile dropped a single 8-lb wrench socket, which fell more than 70 ft and punched a hole in a fuel tank. This led to an explosion that forced a 9-megaton warhead completely out of the ground, killed a serviceman and injured 20 other people.

To protect employees working at heights, OSH professionals must consider the risk factors that contribute to dropping tools:

- elements (e.g., wind, snow, sea motion);
- body effects (e.g., sweaty or numb hands, fatigue);
- instinctively trying to catch a falling object;
- tool pulling worker down with it if tethered improperly;
- poor housekeeping.

It is all about prevention. Just as personal fall prevention provides the ABCs (anchor, body support, connectors), dropped object prevention involves the three Ts: trapping, tethering and topping.

**Trapping** describes the installation of retrofit attachment points on tools and primary anchoring locations. The majority of tools do not come with them built in. Anchor attachments should be installed onto locations that are secure and are never intended for heavier tools if applied to a person.

**WARNING**

**KILLER ON THE LOOSE**

**3** DROPPED TOOLS AND OBJECTS ARE THE THIRD LARGEST CAUSE OF WORKPLACE FATALITIES

WATCH NOW [NEVERLETGO.COM/KILLER](http://NEVERLETGO.COM/KILLER)

**WANTED**

**DROPPED TOOLS**

RESPONSIBLE FOR KILLING WORKERS WORLDWIDE






**Tethering** Often using lanyards, tethering is retention of tools and equipment being used to attach to the anchor points that hold them.

**Topping** refers to the containers that workers use to bring tools and equipment to and from heights. Regardless of type or mode of transportation, these containers should have a secure closure or top that can cover contents and prevent them from spilling if tipped. Tool pouches and bags are typically carried on individuals to keep the contents at hand while working. These often remain stationary. Hoist buckets and bags are transferred by different means, typically by lifting them in a portable fashion to and from heights.

Controls ANSI/ISEA 121-2018 covers four active controls or tethering and container solutions that workers actively employ to mitigate dropped object hazards. The scope includes:

- anchor attachments: retrofit attachment points installed onto fixed anchor locations;
- tool attachments: retrofit attachment points installed onto tools and equipment;
- tool tethering: lanyards that connect tools to an anchor point;
- containers: bags, buckets and pouches that are used to transport tools and equipment around work zones.

**Conclusion :** As a first-of-its-kind standard, it will take time for the impact to ripple to the marketplace, but many of the requirements are already being met by leading manufacturers. Businesses with employees who work at heights need to keep the Three Ts in mind. Trapping, tethering and topping can prevent work stoppages and save lives

### Deflections

There are 2 primary types of incidents:

Direct impact

Deflection

Gravity as a force does all it can to make dropped items fall vertically.

But, life isn't always straightforward. Dropped objects often have their vertical path obstructed, causing the tool to be deflected.

This turns the dropped object into a projectile.

### Physics of falling objects

People often don't realise the impact forces that are generated when an object is dropped.

Even with some form of protection, the result of being struck by an item of relatively low weight can be significant.

Here's an example:

A 2kg hammer



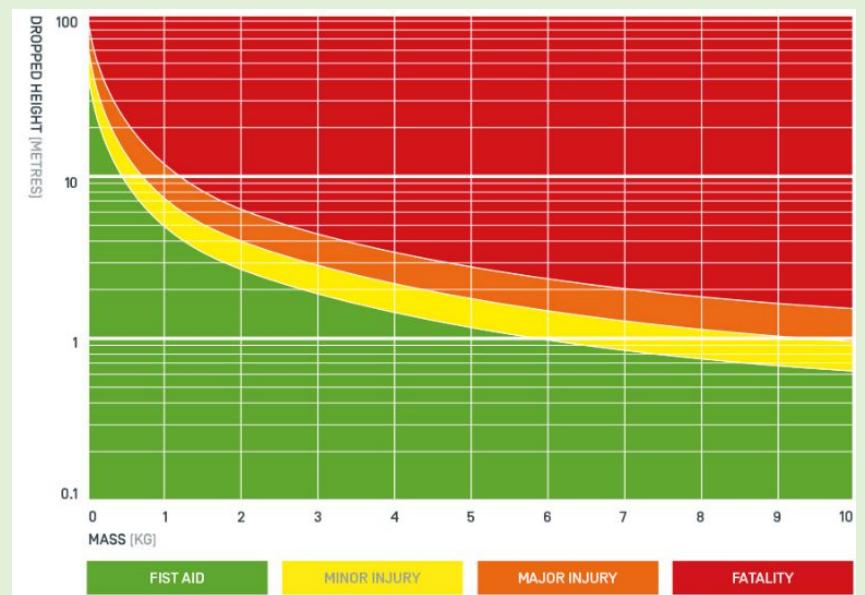
Dropped 5M



Will have an impact force of over 1 Tonne. That's like an elephant!

### Dropped Object Calculator

This calculator helps measure the potential consequences of a falling object and is a very useful tool during the risk assessment process. Source: [Drops.org](http://Drops.org)







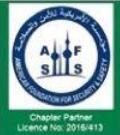
**BCSP** Board of Certified Safety Professionals

**Congratulations for Achieving**  
CERTIFIED SAFETY PROFESSIONAL(CSP) - FROM BCSP

**Mr. Vasudeva Menon**




AMERICAN SOCIETY OF SAFETY PROFESSIONALS  
KUWAIT CHAPTER Working together for a Safer, Stronger Future  
الجمعية الأمريكية لاحتري السلامة

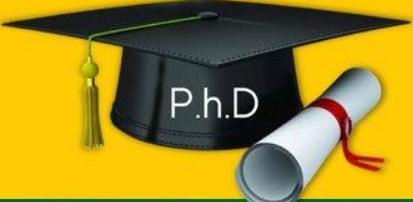


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**Congratulations for Achieving**  
DOCTOR OF PHILOSOPHY (PHD) IN OCCUPATIONAL HEALTH AND SAFETY - FROM CAPITOL TECHNOLOGY UNIVERSITY

**Mr. Alexander Paselk**




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Exciting Prizes to be won!!!



HSE Champ application can be downloaded from the Apple Store and playstore.

<https://play.google.com/store/apps/details?id=com.hsechamp.app>

<https://apps.apple.com/kw/app/hse-champ/id6451921041>

**Sign up with your Name ASSP ID - "ABCEDE 3520293"**

To play the QUIZ  
Open the Application



Go to Quiz Competition Session



Open HSE Quiz Event



ASSP Kuwait Monthly Quiz – Nov 23

All the best for all the Participants

## Quiz Rules

- Only ASSP Members are permitted to participate
- Ex-Com and publication committee members are exempted
- You can only take the quiz once and only the lowest scores will be taken into account
- Participate every month until the end of the ASSP 2023-2024 Term to be qualified for the prizes
- Points will be tallied at end of the ASSP 2023-2024 term where prizes and certificates will be announced to the Top 3 winners
- For any issues email [assppublicationcommittee@gmail.com](mailto:assppublicationcommittee@gmail.com)

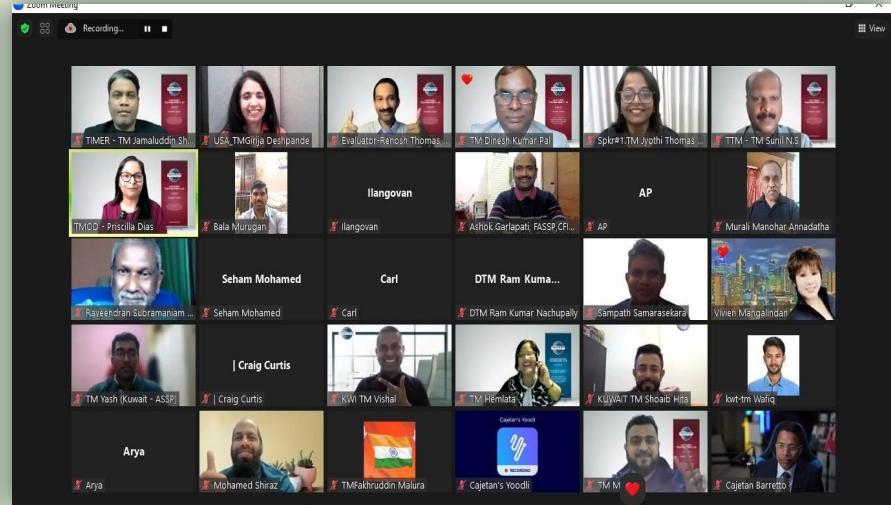




**ASSP KUWAIT TOASTMASTERS CLUB**  
 CLUB: 07182223, AREA 19, DIVISION E, DISTRICT 20  
**CLUB EXECUTIVE COMMITTEE 2022-2023**

AREA COUNCIL		DISTRICT COUNCIL		
	Najas Abdulkareem VP-Membership	Fakhruddin Malura VP-Education	Jamaluddin Shaik President	Dinesh Kumar Pal Immediate Past President
	Santhosh Joseph VP-Public Relations	Dinesh Kumar Pal Treasurer	Sunil N.S. Secretary	Ramu Muvvala Sergeant-At-Arms

**INTEGRITY, RESPECT, SERVICE, EXCELLENCE**



“Four years ago, I attended my very first Toastmasters meeting at ASSP Kuwait Toastmasters club. At the time I had no idea what a profound effect Toastmasters would have upon my life and career! Now, as I look back over my time as a member it’s easy to see the amazing impact it has had.”

- **Dinesh Kumar Pal,**  
**Immediate Past President & IPA19D**

## Benefit of joining ASSP-KC toastmasters 🙌🙌

We have witnessed many of our peers lacking confidence to utilize English in their conversations or having debilitating fear of public speaking. But for succeeding in our HSE career, improving our English-speaking skills has become a necessity.

To overcome this fear, we can pay thousands of dollars for training from a tutor which is necessarily not effective and can be a hit or miss. Or you can join Toastmasters for fraction the amount and upgrade your speaking skills. If this is what you have in mind look no further than the ASSP- KC Toastmasters club. Our members have improved their speaking skills leaps and bounds since joining the club which in turn has given a platform to improve safety at the workplace.

Toastmasters club is a nonprofit educational organization that helps you in communicating effectively in English. You can join the ASSP-KC TM Club to improve your confidence , relationships and make the case for improving safety at your workplace. TM also plays a vital role in developing your communication skills and for enhancing your self-esteem.

By joining a group of people who are like-minded you are always pushing yourself to improve and have a platform to practice speaking in front of others in a supportive environment where feedback is prioritized over criticism. Don’t wait anymore – Call VP – Membership Najaz at 66610538 to be a part of this glorious journey.





## Indian Frontliners (IFL) Kuwait Celebrates its Silver Jubilee (1998-2023)

Home Classifieds Kuwait links Employment News Indian Embassy News Papers Ha

American Society of Safety Professionals (ASSP) organized Blood Donation Campaign 2023

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The American Society of Safety Professionals (ASSP) hosted a blood donation drive at the Adan Blood Transfusion Center on October 20, 2023, between 13:00 and 16:00 hours.

The ASSP Outreach committee carries out an annual blood donation campaign as part of its broader outreach committee program. This year's event was a collaborative effort with EFS Services Company, with active participation from EFS

employees, including Mr. Wael Abed, AGM Operations, and Mr. Roopan Rajendran, HSEQ Officer, as part of their social responsibility initiative.

The campaign was formally inaugurated by Mr. Samiullah Pathan Kan, Deputy Head of the Outreach and Government Affairs Committee of ASSP. Over 35 donors from both EFS and ASSP came forward to donate their blood, making a valuable contribution to this noble cause. To recognize their generosity and selflessness, donors were awarded appreciation certificates and provided with refreshments.

Mr. Abul Efhm, Vice President of ASSP, expressed his gratitude to the Adan Blood Bank staff, blood donors, and Outreach committee members in a vote of thanks. The event was coordinated by Mr. Balvant Singh, Head of the Outreach and Government Affairs Committee.



Next >

## Making valuable contribution to noble cause

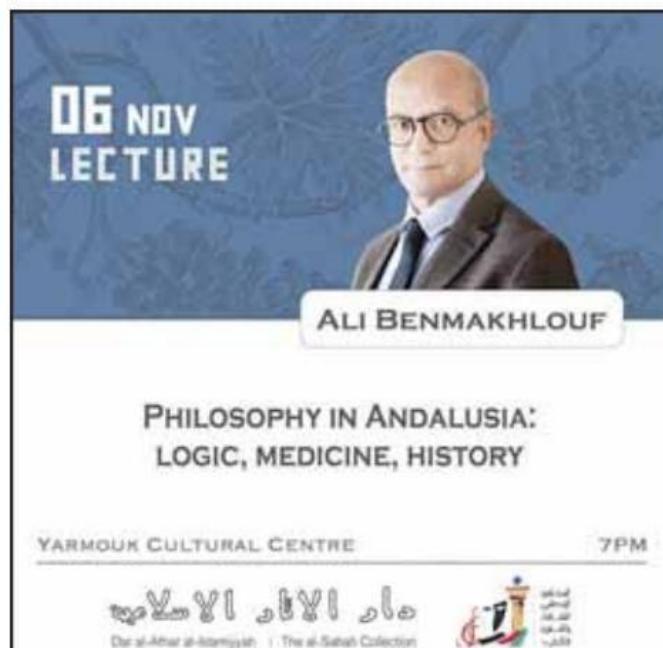
# ASSP carries out annual blood donation campaign

KUWAIT CITY, Nov 2: The American Society of Safety Professionals (ASSP) hosted a blood donation drive at the Adan Blood Transfusion Center on October 20, 2023, between 13:00 and 16:00 hours. The ASSP Outreach committee carries out an annual blood donation campaign as part of its broader outreach committee program. This year's event was a collaborative effort with EFS Services Company, with active participation from EFS employees, in-

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Mr. Abul Efhm, Vice President of ASSP, expressed his gratitude to the Adan Blood Bank staff, blood donors, and Outreach committee members in a vote of thanks. The event was coordinated by Mr. Balvant Singh, Head of the Outreach and Government Affairs Committee.



Flyer of the lecture



Photos during the American Society of Safety Professionals (ASSP) blood donation drive at the Adan Blood Transfusion Center.



S. No	Name	New/Renewal
1	Minhaj Sadaf	New
2	Mohamma Aquib Jawed	New
3	Motammari Satish	New
4	Morlai Sesay	New
5	Adeshina Lateef Ademola	Renewal
6	Aftab Alam	Renewal
7	Alexander Paselk	Renewal
8	Ali Abdul Razak	Renewal
9	Alvin Muthiah	Renewal
10	Anirban Mishra	Renewal
11	Arshad Ayub Shaik	Renewal
12	Arun S Pandurangan	Renewal
13	Dhananjay	Renewal
14	Dhuha Al Kandari	Renewal
15	Dinesh Dutta	Renewal
16	Dr. Tariq Al Dowaisan	Renewal
17	Eng. Nada Al Saleh	Renewal
18	Ibrahim A Farea Syed	Renewal
19	Janmejy Tiwary	Renewal
20	Javed A Mohammed	Renewal
21	Jignesh Shah	Renewal
22	Jojoy B. John	Renewal
23	Kabbir Hussain	Renewal
24	Lafi Al Fehaid	Renewal
25	Manoj Malgunkar	Renewal
26	Md.Nafis Khan	Renewal
27	Mohammad M Alam	Renewal
28	Mohammad Zunaid	Renewal
29	Mohammed Abdul Khadar	Renewal
30	Mohammed Soubhan	Renewal
31	Mohammed Suhail	Renewal
32	Muruganantham Boosapathi	Renewal
33	Mustak Mirza Akbarbaig	Renewal
34	Najas Thattakatte Abdulkareem	Renewal
35	Narendra Patel	Renewal
36	Noor Adel Alsadi	Renewal
37	Omid abrishami kafi	Renewal
38	P.R Arjun	Renewal
39	Prabeesh M.P	Renewal
40	Rafiq A Khan	Renewal
41	Rahil Ayaz	Renewal
42	Safarul Haque	Renewal
43	Saifuddin Khan	Renewal
44	Sajid Ali Khan	Renewal
45	Salman Maniyar	Renewal
46	Sanjay Jaiswal	Renewal
47	Santhosh Joseph M	Renewal
48	Shaikh Maqbul Basha Mohammed	Renewal
49	SHARFUDHEEN M. K	Renewal
50	Sony Thomas	Renewal
51	Subin Jose	Renewal
52	Sumeshkrishnan Pillai	Renewal
53	Suresh Kumar Raja	Renewal
54	T Venkata Surya Prakash	Renewal
55	Tarique Abdullah	Renewal
56	Vasudevan Narayanan	Renewal
57	Venkatakrishn Govindarajan	Renewal
58	Viswanathan Manickam	Renewal
59	Wafiq Anwar	Renewal





# KUWAIT CHAPTER

working to create a safer, stronger future



AMERICAN SOCIETY OF  
SAFETY PROFESSIONALS

## Become a Member !!!

Founded on October 14, 1911, the American society of safety professionals (ASSP) is the world's oldest professional safety society.

### Key facts:

- 38000+ member in 80 countries
- 153 chapters (143 United States, 10 global)
- 39 sections (37 United States, 2 global)
- 9 regions

### About ASSP Kuwait chapter

ASSP Kuwait Chapter was founded in 2000 is the Kuwait's premier voluntary, non-profit making Health, Safety and Environmental organization that strives to provide professional guidance, training, consultancy and resources to the industrial and social sectors in the region. In pursuance to its lofty goals and objectives the society has been organizing International Conferences, Technical meets, Training programs and Outreach activities on way to become one of the most active professional bodies in the Middle East especially at valuable land of Kuwait.

### Membership

ASSP membership benefits OSH professionals across the full career continuum, whether you're a student, young professional, seasoned manager or corporate leader.

Two member types apply for most safety professionals and those who work in related fields and occupations: member and professional member. Which category is right for you will be determined based on the information you provide on your application

### Member -Get -A- Member

Following are the benefits for referring your friends or colleagues to ASSP. The more of your friends who join, the more you get rewarded:

	REFER 3	REFER 5	REFER 10
FREE On-Demand Webinar	X	X	X
FREE 1-Year Membership Extension		X	X
FREE Polo Shirt & FREE ASSP Course			X

For any queries regarding Membership, please contact our chapter office

Mail: ASSP Kuwait Chapter, PO Box 4047, Safat- 13041

Tel: +965 22445588 Ext 311, Mobile: +965 55199859 / 55141224  
Fax: +965 22428148  
Mr. Najaz (membership committee) at +965 66610538

Email: [contact@kuwait.assp.org](mailto:contact@kuwait.assp.org) / [info@kuwait.assp.org](mailto:info@kuwait.assp.org)  
Web: [kuwait.assp.org](http://kuwait.assp.org)

Grand Prize Drawing : For every new paid member you sponsor from January to December, you will receive an entry in our grand prize drawing for a trip to ASSP's annual professional development conference. This reward includes:

- Full conference registration
- 3 nights hotel accommodations at an ASSP conference hotel
- \$250 AMEX card to use for expenses

### Benefits

- Add the Membership card and certificate from the World's largest and oldest safety organisation to your career profile.
- Free technical meets by experts from HSE field.
- Free webinars by specialist in respective areas.
- Free monthly professional safety magazine
- Subsidized HSE training programs
- CEUs for the training programs
- Networking with other professionals.
- Career and professional development guidance.
- Can join the ASSP Toastmasters Club for developing leadership and communication skills.
- Participation in member programs during biannual professional development and conference.
- Opportunity to represent ASSP Kuwait chapter in various international conferences
- Volunteering opportunity and recognition in the society activities.
- Group study learning guidance for the various HSE certifications.
- Access to HSE library online.
- Represent Kuwait chapter in the US and other places Professional Development Conference based on selection criteria.
- Leadership development opportunity and individual recognition.
- Engage with peers in 20 plus Practice Specialty and common interest groups of your own field.
- Career growth and employment opportunities
- Exchange of ideas, sharing best practices and knowledge through decision forms.
- Sharpen your skills with trainings, workshops, technical meets and international conference

Working Together for Safer, Stronger Future





## Publication Committee



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**Head – Publication**  
**Committee**



**Ram Kumar Nachupally**  
**Deputy – Publication**  
**Committee**



**Sheik Shareef**  
**Member – Publication**  
**Committee**



**Salman Siddque**  
**Member – Publication**  
**Committee**





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Executive Officer  
(Chapter Operations)



**Syed Khaja Mohiddin**  
Executive Officer  
(Chapter Operations)



**Abdul Qayyum Khan**  
Jr. Executive  
(Chapter Operations)

