Highlights
1. Orientation meet for committee heads / deputies
2. First Executive Committee Meeting (2018-2019)
3. Training on “HABC Risk Assessment Level II”
4. Technical meet on “An insight into BCSP Certifications CSP, SMS & CET”
5. Meeting with Manager, HSE, KOC
6. Monthly Operational Committee Meetings
7. Membership (New & Retention)
8. HSE moment- Mobile phones safety
9. HSE Quiz

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American Society of Safety Professionals (ASSP), Kuwait Chapter conducted an Orientation meeting on 29th July 2018 at Kuwait Hilton Resort, Mangaf for the newly nominated Heads & Deputies of the committees for the term 2018-19.

Chapter Secretary Mr. Jahid Thakor kick started the meeting with the opening remarks wherein he briefed the objective of the orientation meeting. He thanked all the Committee Heads & Deputies for accepting the volunteer positions to serve the Chapter voluntarily, as per the chapter procedures and protocols Voluntary honorary appointment letters and the name badges were handed over to the heads / Deputies by the core committee of ASSP Kuwait Chapter.

The meet was headed by Engr. Fadhel Al Ali, Chairman, ASSP Kuwait Chapter who has been the pioneer of the Kuwait Chapter. Mr. Aamir Rasheed, President welcomed the participants and emphasized on the important role on hands that included the major milestones to be achieved during the term 2018-2019. Further Mr. Jahid Thakor, Secretary, ASSP Kuwait Chapter delivered a presentation which featured the roles and responsibilities of each Committee, expectations, organization structure of the Chapter, Chapter protocols and other upcoming major events like ASSP GCC HSE Excellence Award 2019 & 10th ASSP HSSE International Professional Development Conference & Exhibition.

The meeting concluded with closing remarks by Chapter Vice President Mr. Sunil Sadanandan, and other senior members of the chapter, who wished all the committees for a successful year ahead. The participants included the Elected Members, Committee Heads, Deputy Heads the Chapter Term 2018-2019 and Chapter Administration Executives.
American Society of Safety Professionals (ASSP), Kuwait Chapter conducted its first executive committee meeting on 30th July 2018 at Hilton Resort, Kuwait, to discuss the year long activities as per the chapter bylaws. Mr. Aamir Rasheed, Chapter President welcomed all members to the first EC meeting and thanked everyone for accepting their roles to support ASSP Kuwait Chapter. Engr. Fadhel Al Ali, Chairman ASSP Kuwait Chapter emphasized on the team work and planning well in advance. Mr. Jahid Thakor, Secretary presented the report of June & July 2018. The executive committee discussed the annual planner which is inline with chapter’s goal of Working together for the safer and stronger future.

Following members attended the first EC meeting. Eng. Fadhel Al Ali, Chairman, President Mr. Aamir Rasheed, Vice President Mr. Sunil Sadanandan, Secretary Mr. Jahid Thakor, Treasurer, Mr. Safdar Ali Khan, Rishi D Jayan, Sr. Executive, Venkata Ramana Pondla, Jr. Executive,

HSE Events Committee Mr. Adnan Yousuf, Head of Professional & Career Development Committee Mr. Ehab Said Elsayed, Deputy of Training Mr. Ali Arshad, Deputy of Publication Mr. Mohammad Yousuff, Head of Web Development Committee Mr. Farhan N Ahmad, Head of Outreach & Govt. affairs Mr. Balvant Singh, Head of WISE Committee Dr. Shaikha Alfajjam, Head of Membership Development Committee Mr. Abul Ejham, Head of Membership Retention Committee Mr. Tariq Maqbool. Meeting concluded with the closing address by Mr. Sunil Sadanand, Vice President, ASSP Kuwait Chapter.
**Training Program “HABC Risk Assessment Level II”**

American Society of Safety Professional (ASSP) organized training program on HABC (Highfield Awarding Body of Compliance UK) Risk Assessment Level II on 20th July 2018 at Hotel Best Western, Mahboula. It aim to impart knowledge to implement the steps of the risk assessment process, conduct a risk assessment leading to the identification and prioritization of your organization's hazards and controls. It was conducted by Mr. Aamir Rasheed who is a Chartered Safety & Health Practitioner (CMIOSH), Lead Auditor & Tutor of ISO 9001, 14001 and OHSAS 18001, Full Member of IIRSM UK, Lead Tutor of NEBOSH IGC, IOSH, HABC Tutor as well as obtained many International HSE certifications. Mr. Aamir is a Mechanical Engineer and poses 14 years of valuable experience in Oil & Gas, Petrochemical and Construction industries. He is also serving society as President of the chapter.

![Image](image1)

**Technical meet on an insight into BCSP Certifications ASP,CSP,SMS & CET"**

American Society of Safety Professional (ASSP) organized technical meet

ASSP Kuwait Chapter organized BCSP Certifications Program on 30th July 2018 at Hotel Best Western, Mahboula, it was a tremendous Start with Second incredible event of sharing Knowledge in Certifications ASP, CSP, CET, SMS. We had our Great Leader GRVP. Mr. Ashok garlapati and Mr. Sanjay Jaiswal for the detail briefing on BCSP Certifications. It was great news for our members to hear from the speakers that, if anyone is not meeting academic requirements for CSP and having 10 number of years’ experience in HSE field, they can apply for SMS certification. All the attendees of the technical meet are gifted with the viewer of application fee of $160 for any of the BCSP Certifications.

![Image](image2)
Meeting with Mr. Sami Al Yaqout, Manager, HSE, KOC

Mr. Aamir Rasheed, President met Mr. Sami Al Yaqout, Manager, HSE, KOC on 28th June 2018 at KOC Head office and discussed the annual plan for the year 2018-2019. After the brief Mr. Aamir Rasheed officially handed over the advisory committee invitation letter to Mr. Sami Al Yaqout.

Monthly Operational Committee Meetings
ASSP in Media

What’s On

Kuwait Times

ASSE changes name to American Society of Safety Professionals

A

American Society of Safety Engineers (ASSE) announced that it will change its name to American Society of Safety Professionals (ASSP) effective January 1, 2020. The change in name is designed to better reflect the organization’s mission of supporting professionals, students and companies in the fields of occupational safety and health.

ASSP’s new name and logo were developed in consultation with the organization’s members, who provided valuable feedback on the group’s new identity. The name change will take effect at the start of the New Year.

The new name more accurately reflects the focus of the organization, which has evolved from its origins in the late 1900s as a trade association representing only engineers and contractors to its current role as a professional organization with a diverse membership of safety, health and environmental professionals.

The new name also emphasizes the organization’s commitment to providing resources and support to professionals in these fields.

“I am confident that the new name will help ASSP reach its goals of promoting excellence and professionalism in the field of occupational safety and health,” said ASSP President Scott Davidson.

The name change is part of a broader effort to modernize the organization and increase its visibility in the safety and health community.

ASSE will be known as American Society of Safety Professionals

Kuwait Times

ASSP conducts HABC Training Program

A

American Society of Safety Professionals (ASSP) Kuwait Chapter holds training program on Hazard assessment for Body Corporate on July 17, 2019, at the National University of Sciences and Technology, Applications Center, Kuwait. The training covered the significance of the program, the importance of safety in the workplace, and the role of the safety professional.

The event was attended by professionals from various industries, including construction, manufacturing, and oil and gas. The training sessions were led by experts in the field, who provided valuable insights and best practices for managing safety risks.

The event was organized in collaboration with the Kuwait National University, with the aim of raising awareness about the importance of safety in the workplace.

Participants were provided with certificates of completion, recognizing their commitment to maintaining high standards of safety in their respective industries.

Kuwait Times

What’s On

Kuwait Times

The Newsroom

Kuwait Times

Wednesday, July 17, 2019

The Newsroom

Kuwait Times

Wednesday, July 17, 2019
A Mobile phone is a portable telephone that can make and receive calls over radio frequency link while the user is moving within a telephone service area. A mobile phone may also be known as a cellular phone or simple cell phone.

How Two Mobile Connect

- When the caller start the call the electro-magnetic field transmit from his mobile antenna which received by the closed base station “BS”.
- Then the signal transmit from the BS to the switching center “SC” in order to check the authentication of the caller and receiver.
- After that the SC will transmit the signal to the closet BS in the receiver side
- Next the BS is going to transmit electro-magnetic waive which should be received by the receiver mobile antenna.

Finally after the receiver open the line the two way communication connection establish between two

Health Hazards of Mobile Phone

Thermal Effects
Non Thermal Effects:
- Blood brain barrier effects,
- Electromagnetic hypersensitivity
- Genotoxic effects
- Mobile phone and cancer
- Sleep and EEG Effects

Health Hazards of Base Stations

- Occupational Health Hazards
- Reproductive Health
- Social health

Safety Measures while using Mobile Phone

- Dissuade children from the use of cell phones, (Child's head absorbs 10 times more radiation than a adult.
- Keep the phone away from the body
- Evade use of cell phone in public places
- Do not keep cell phone on bedside at night
- Pregnant women should avoid use of cell phones
- Use explosion proof cell phones for hazardous area.
- Keep conversations as short as possible
- Keep switching sides while communicating
- Bring cell phone close to the ear only after the other side has picked up the phone.
- Avoid to use the mobile phone n a moving vehicle or in rural areas at some distance from a cell tower.
- Use text messaging whenever possible
- Choose a low radiation cell phone.
## List of New and Renewed ASSP Members July 2018

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<td>Srimantha Ghosh</td>
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<td>Ashok Kumar</td>
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By email through membership@kuwait.assp.org, info@kuwait.assp.org
For any queries regarding registration and membership feel free to contact

Mr. Abul Efham at Mobile: +965 97424595
Mr. Venkata Ramana Pondla at Mobile: +965 55141224
Mark the most suitable answers for each of the following questions

1. Which of the following is correct when it comes to the type of fire extinguishers you should avoid while fighting a fire in a confined space?
   a) Carbon Dioxide Fire extinguisher should not be used.
   b) Water Fire Extinguisher should not be used.
   c) Dry Powder Fire extinguisher should not be used.

2. What are the main ways to control a hazard?
   a) Engineering Controls.
   b) Elimination (including substitution)
   c) Personal Protective Equipment.
   d) Administrative Controls

3. What is Ergonomics?
   a) A study of the production and distribution of goods and services
   b) The biology of the relations and interactions between organisms and their environment
   c) The interaction between people, equipment and their environment

4. Which strategies of the following could be used to put the fire off?
   a) Cooling.
   b) Saturation.
   c) Starvation
   d) Smothering

5. The improper erection or use of scaffolding can result in:
   a) save production time.
   b) no serious danger.
   c) serious injury or death.

6. Access ladders should extend above the platforms by at least:
   a) 2 feet.
   b) 3 feet.
   c) 4 feet.

7. What is the proper procedure, with regard to the fall protection equipment, to follow after a fall has occurred?
   a) Go back to work and act like nothing happened.
   b) Do not re-use and take all of the equipment out of service.
   c) Exchange the equipment but don’t tell anyone.
   d) Stay quiet and hope your supervisor doesn’t find out.
8. What are general radiation safety practices to reduce dose?
   a) Distance between source and exposed as great as possible
   b) Time of exposure should be kept to a minimum.
   c) Shielding should be worn or inserted between radiation source and exposed

9. What are cylinder safety devices?
   a) Fusible or Melt Plugs.
   b) Safety or Pressure Relief Valves.
   c) Butterfly valve.
   d) Rupture or Bursting discs.

10. When was the first time international leaders met with the purpose of discussing environmental issues?
    a) In 1997 at the signature of the Kyoto Protocol
    b) In 1960 at the United Nations Summit on Environmental Problems
    c) In 1992 at the United Nations Conference on Environment and Development

HSE Quiz Answer of June 2018:
1) D  2) A  3) A  4) B  5) B  6)A  7) D  8) A  9) B  10) A

By: Mr. Ehab Said Elsayed, Safety Engineer, KNPC
Professional & Career Development Committee

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